



MINISTRY OF HEALTH MALAYSIA

THE MALAYSIAN
PUBLIC HEALTH PHYSICIANS' ASSOCIATION

12th National Public Health Conference

In Conjunction with the 26th NIH Scientific Conference

7 July 2025 - Pre Conference | 8-10 July 2025 - Main Conference | The Everly Putrajaya





PROGRAMME BOOK

In partnership with















TABLE OF CONTENTS



1.	About the National Public Health Conference	2
2.	Welcoming Messages	4-6
3.	Keynote Address	7
4.	Plenaries	8-11
5.	Venue Layout	12
6.	Pre-Conference Workshops Timetable	13-14
7.	Main Conference at a Glance	15
8.	Opening Ceremony Agenda	16
9.	Conference Timetable	17-25
10.	Conference Partners	26
11.	Plenaries and Symposia Synopses	27-49
12.	Free Paper Timetable	50-55
13.	e-Poster Listings	56-60
14.	Organising Committee	62-66
15.	Continuing Professional Development	67
16.	Sponsors and Exhibitors	68

ABOUT THE NATIONAL PUBLIC HEALTH CONFERENCE



The 12th National Public Health Conference (NPHC), held in conjunction with the 26th NIH Scientific Conference, took place from 8 to 10 July 2025 at The Everly, Putrajaya. Centered on the timely theme "Embracing the New Era: Advancing Public Health Through Al and Digitalisation," the event brought together a diverse audience of public health professionals, researchers, policymakers, postgraduate students, and international delegates. The conference commenced with a pre-conference workshop on 7 July, followed by three days of engaging plenary sessions, keynote speeches, and scientific presentations. Sessions focused on the integration of artificial intelligence and digital technologies into efforts to strengthen health systems, improving disease surveillance, and transforming public health practices across Malaysia and globally.

Over the years, the NPHC, formerly known as Persidangan Kesihatan Awam Kebangsaan (PKA), has served as a vital platform for addressing evolving public health priorities. The conference series began with early editions such as PKA 2 in 2001 at Hotel Summit USJ, themed "Perkongsian Pintar dalam Kesihatan Awam", followed by PKA 3 in 2003 at Hilton Seremban and PKA 4 in 2005 at Marriott Putrajaya. The event was rebranded as NPHC in its fifth iteration in 2008, held at Berjaya Times Square, with the theme "Innovative Strategies in Achieving Better Health." Subsequent editions reflected key health challenges and aspirations, including equity, efficiency, partnerships, public health preparedness, and policy implementation. These conferences have been hosted across Malaysia, including Shah Alam, Melaka, Langkawi and Seremban.

Each edition of the NPHC has been thoughtfully themed to reflect the pressing public health issues of its time. Notable recent editions include the 10th NPHC in 2021, held virtually in response to the COVID-19 pandemic, which focused on managing pandemics and preventing future epidemics. The 11th NPHC in 2023, held in Langkawi, addressed the need to build a resilient public health system for the future.

The current 12th NPHC builds upon this legacy, marking a significant step forward in embracing digital transformation and innovation as Malaysia and the global public health community navigate an increasingly complex and interconnected world.







In Conjunction with 26th NIH Scientific Conference

Embracing the New Era: Advancing Public Health through Al and Digitalisation

Officiated by

YB DATUK SERI DR DZULKEFLY AHMAD

Minister of Health

8 July 2025 (Tuesday) Grand Ballroom The Everly Putrajaya

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WELCOMING MESSAGE



Welcoming Message from the President of PPPKAM

Dear distinguished guests, esteemed colleagues, and fellow public health professionals,

As President of the Persatuan Pakar Perubatan Kesihatan Awam Malaysia (PPPKAM), it is my honour to welcome you to the 12th National Public Health Conference, held alongside the 26th NIH Scientific Conference. This gathering reflects our shared commitment to advancing public health amid complex and evolving challenges.

The theme, Embracing the New Era: Advancing Public Health Through Al and Digitalisation, highlights the need to adapt to rapid change. The COVID-19 pandemic revealed our vulnerabilities, reinforced the importance of preparedness and collaboration, and reminded us of the value of trust and transparency in public health.

We now face threats from future pandemics, the resurgence of infectious diseases, the burden of non-communicable diseases, environmental degradation, and an ageing population. These are shaped further by the dynamics of a Brittle, Anxious, Nonlinear, and Incomprehensible BANI world, brittle systems, rising anxieties, unpredictable crises, and fast-paced technological shifts.

Al and digitalisation offer powerful tools to support evidence-based policymaking, improve resource allocation, and enhance health education and community engagement. However, they must be applied ethically, inclusively, and with a focus on equity. Technology should support, not replace, human judgment, compassion, and trust.

This conference is a valuable opportunity to share ideas, explore innovation, and develop solutions to strengthen our public health systems. Let us use this platform to learn from one another and cocreate a healthier, more resilient future.

Thank you, and I wish you a productive and inspiring conference.

Advisor of the Organising Committee,

Professor Dr Jamalludin bin Ab Rahman

President, Persatuan Pakar Perubatan Kesihatan Awam Malaysia (PPPKAM)

WELCOMING MESSAGE



Welcoming Message from the Chair

On behalf of the Organising Committee, I would like to kindly welcome you to the 12th National Public Health Conference, held in conjunction with the 26th NIH Scientific Conference. This conference is co-organised by the Persatuan Pakar Perubatan Kesihatan Awam Malaysia (PPPKAM) and the Institute for Public Health, the National Institutes of Health, Ministry of Health Malaysia.

The joint efforts between these two organisations create an interesting platform that brings together the perspectives of the Public Health Medicine fraternity and the research institutes under the Ministry of Health. The theme of the conference, "Embracing the New Era: Advancing Public Health through Al and Digitalisation" aligns with the current Ministry of Health aspiration. Digitalisation is expected to improve service delivery through responsive

health system, while data-driven best practices will enable healthcare providers in the delivery of better precision care through precision public health and precision medicine.

To discuss this important theme, we brought together four plenary sessions, nine symposiums, two panel discussions and five pre-conference workshops. Thus, I would also like to extend my sincere gratitude to the organising committee, comprising members from PPPKAM, the Institute for Public Health, the National Institutes of Health, and the Putrajaya District Health Office, for their dedication and tireless efforts in making this event possible.

We hope this conference provides opportunities to interact, discuss, share insights, and broaden our perspectives with other public health professionals and researchers as well as colleagues from various perspectives in this two-and-a-half-day conference. We do hope you find this event fruitful for your future career, for the sake of knowledge, and also for the benefit of humankind. Thank you.

Chair of the Organising Committee,

Dr Noor Ani binti Ahmad

Vice President of Persatuan Pakar Perubatan Kesihatan Awam Malaysia (PPPKAM) Director of the Institute for Public Health, National Institutes of Health, Ministry of Health.

WELCOMING MESSAGE





I am honoured and privileged to welcome you to this transformative public health scientific conference, fittingly themed "Embracing the New Era: Advancing Public Health Through AI and Digitalisation".

The National Institutes of Health has continuously strived to conduct research for the betterment of medicine in Malaysia. Today, we find ourselves at a transformative juncture in the history of public health, a time when innovation, technology, and data science are seamlessly converging to unlock unparalleled opportunities for enhancing health outcomes, reducing disparities, and fortifying health systems worldwide. The National Institute of Health reaffirms its commitment to leveraging these advancements to build a healthier, more equitable global community.

Artificial intelligence and digital technologies are no longer just tools of the future; they are our present reality. They are revolutionizing how we detect diseases, predict outbreaks, design interventions, and deliver care to the most vulnerable. However, with great power comes great responsibility. As stewards of public health, we must ensure that these advancements are harnessed ethically, inclusively, and equitably.

This conference provides a platform for thought leaders, researchers, policymakers, and practitioners to exchange ideas, share groundbreaking research, and forge collaborations. Over the next few days, we will explore how Al-driven tools and digital innovations can reshape epidemiology, healthcare delivery, health education, and beyond.

I am particularly excited to see the diversity of expertise represented here today, from technologists and data scientists to public health experts and community leaders. This interdisciplinary dialogue is precisely what we need to navigate the complexities of this new era. I encourage all of you to embrace curiosity, challenge assumptions, and engage in meaningful discussions. Together, let us envision a future where technology is not just a means to an end but a catalyst for a healthier, fairer, and more sustainable world. Thank you, and welcome to what I am confident will be an enriching and impactful event.

Advisor of the Organising Committee,

Dr Murizal bin Zainol

Manager of the National Institutes of Health, Ministry of Health

KEYNOTE ADDRESS



Embracing the New Era: Advancing Public Health through Artificial intelligence (AI) and Digitalisation

Datuk Dr. Nor Fariza binti Ngah is the Deputy Director General of Health (Research and Technical Support) at the Ministry of Health Malaysia. A seasoned ophthalmologist with a specialisation in medical retina and uveitis, she has held multiple key leadership positions, including National Head of Ophthalmology Service and President of the College of Ophthalmologists, Academy of Medicine Malaysia.

Dr. Fariza pioneered retinal services and diabetic retinopathy screening programs in Malaysia and has been instrumental in advancing AI technology in ophthalmic diagnostics. She is actively involved in national and international research collaborations, policy development, and health innovation, particularly in digital health and genomics.

Her work has earned her numerous accolades, including the Distinguished Service Award from Asia-Pacific Academy of Ophthalmology (APAO) and the Mohd Noor Marahakim Award.



Datuk Dr Nor Fariza binti Ngah

Deputy Director General of Health (Research and Technical Support), Ministry of Health Malaysia



Plenary 1 - Readiness and Integration of AI in Public Health: Role of WHO for Western Pacific Countries

Dr Rabi Abeyasinghe is the World Health Organization (WHO) Representative to Malaysia, Brunei Darussalam, and Singapore. Prior to this, he served as the WHO Representative to the Philippines and was Acting Director for Health Security and Emergencies at the WHO Regional Office for the Western Pacific (WPRO), where he supported the regional COVID-19 response. Since joining WHO in 2011, he has held several key roles, including Coordinator for Malaria, Other Vectorborne and Parasitic Diseases (2015–2019), Acting Director for Communicable Diseases (2018 and 2019), Regional Entomologist, and Technical Officer for Malaria in Papua New Guinea.

Dr Rabi is a medical specialist with a medical degree in Community Medicine from the University of Colombo, Sri Lanka. He also holds an MSc in Biology and Control of Disease Vectors from the London School of Hygiene & Tropical Medicine and a Diploma in Tropical Medicine & Hygiene from the Royal College of Physicians, London.

Before joining the WHÓ, he held senior roles in Sri Lanka's Ministry of Health, including Director of the National Malaria Control Programme and Project Director for GFATM initiatives. He is a Fellow and former President of the College of Community Physicians of Sri Lanka.



Dr Rabindra Abeyasinghe

WHO Representative and Head of the WHO Country Office to Malaysia, Brunei Darussalam and Singapore



Plenary 2 - Diagnosis-Related Groups (DRG) and Digitalisation in Public Health: The Building Blocks of Health Transformation

Professor Emeritus Dato' Dr Syed Mohamed Aljunid is a Public Health Medicine Consultant and Professor of Health Economics, Policy and Management at the Faculty of Medicine, Universiti Kebangsaan Malaysia (UKM). He also serves as Professor of Community Medicine at IMU University. He holds a PhD in Health Economics and Financing from the London School of Hygiene and Tropical Medicine, a medical degree from UKM, and an MSc in Public Health from the National University of Singapore.

With over 34 years of experience in health policy, economics, and financing, he was the Founding Head of the International Centre for Casemix and Clinical Coding (UKM), and held senior roles at UNU International Institute for Global Health (UNU-IIGH) and Kuwait University. He has advised the World Health Organization, World Bank, Australian Agency for International Development (AusAID), The Deutsche Gesellschaft für Internationale Zusammenarbeit (GIZ), and The Asian Development Bank on Diagnosis-Related Groups (DRG)-based provider payment reforms in over 20 countries.

He currently serves on Malaysia's National Committee for DRG Implementation and Ministry of Health Technical Advisory Group. Dr Syed has published over 300 journal articles and reports, delivered more than 350 conference presentations, and has over 120,000 citations with an h-index of 79. He has supervised 46 PhD and over 200 Master's students and is ranked in the top 2% of globally cited scientists by Stanford University in 2024.



Professor Emeritus Dato' Dr Syed Mohamed Aljunid bin Syed Junid

Public Health Medicine Consultant; Professor of Health Economics, Policy and Management, Universiti Kebangsaan Malaysia; and Professor of Community Medicine, IMU University

Plenary 3 - Integrating One Health Strategies for Emerging Infectious Diseases in the Post-Pandemic Era

Dr Noraryana is a Public Health Consultant with deep expertise in non-communicable disease (NCD) epidemiology. Her career spans decades of impactful work at the intersection of law and public health, particularly around tobacco control. She is also an alumnus of the prestigious McCabe Centre for Law and Cancer in Australia. Currently serves as Director of the Disease Control Division, Ministry of Health Malaysia. A highly respected figure in global tobacco control, Dr Noraryana has served as the Regional Coordinator for the Western Pacific Region under the WHO Framework Convention on Tobacco Control (FCTC) from 2021 to 2022. She continues this vital work today as a Bureau Member of the FCTC for the 2023 to 2025 term, representing the region with distinction on the international stage. Domestically, she played a pivotal role in the development and enactment of Act 852: The Control of Smoking Products for Public Health Act 2024, Malaysia's first-ever standalone legislation dedicated to the control of smoking products. This groundbreaking law marks a major milestone in the nation's tobacco control efforts.

Dr Noraryana is also the mastermind behind the National Lung Health Initiative, an ambitious, integrated programme addressing prevention strategies across NCDs, infectious diseases. occupational health. and environmental pollution. Her leadership extended to the international level, where she and her NCD team successfully introduced a Global Resolution on Lung Health, garnering the support of 15 countries and multiple international agencies. Her commitment to holistic public health strategies continues through her involvement in the development of the Integrated Clinical Obesity Management framework, which will be aligned with Liver Hope, which is Malaysia's national programme for liver cancer prevention.

In recognition of her exceptional contributions, Dr Noraryana has received numerous accolades both at home and abroad. Most recently, she was honoured with the Joint Award for Tobacco Control, presented alongside the Honourable Minister of Health and the Malaysian Council for Tobacco Control, at the World Health Assembly in Geneva, May 2025.





Dr. Noraryana binti Hassan

Director of the Disease Control Division, Ministry of Health Malaysia



Plenary 4 - Public Health in the Digital Era: Prospects and Obstacles

Dr Maheshwara Rao Appannan is the Director of the Digital Health Division at the Ministry of Health Malaysia. He has over 17 years of experience in public health, infectious disease modelling, and digital innovation. He holds both a Doctorate and a Master's degree in Public Health from Universiti Malaya, and has completed advanced training at the Centers for Disease Control and Prevention (CDC) in Atlanta, as well as Harvard Medical School.

A pioneer in Malaysia's digital health landscape, Dr Maheshwara was the head of data during the COVID-19 pandemic. He led the development of the MySejahtera app and spearheaded efforts to make COVID-19 data publicly accessible via GitHub and the COVIDNow platform. His leadership has driven rapid digital transformation in public healthcare, including implementing a cloud-based clinic management system in 50 clinics within eight weeks. This led to increased funding for nationwide digitalisation.

He continues to drive innovations in digitising manual healthcare services such as organ donation pledges, appointments, and disease care plans. In 2024, he successfully launched Malaysia's implementation of the International Patient Summary (IPS) and actively champions the '1 Citizen 1 Record' initiative, aiming for a unified health record for all Malaysians.

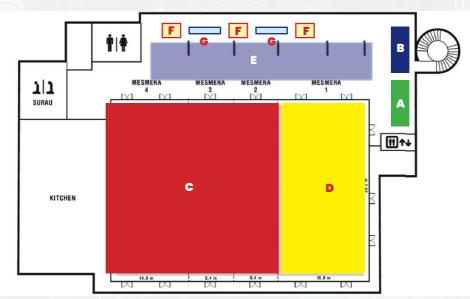


Dr Maheshwara Rao Appannan

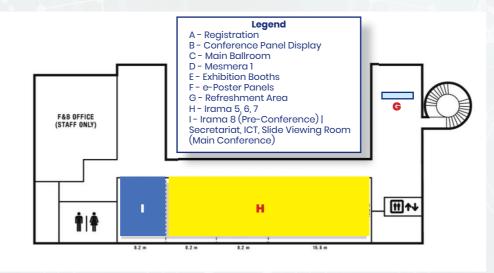
Director of Digital Health Division, Ministry of Health Malaysia

VENUE LAYOUT - LEVEL 1 & M





Level 1



Level M

PRE-CONFERENCE WORKSHOPS 7th July 2025 (Monday)



Time	Programme	Venue
8.30 AM	Pre-Conference Registration	At Respective Rooms
9.00 AM	Workshop 1 Practical Epidemiological Analysis Using ChatGPT And R Prof Dr Jamalludin bin Ab Rahman Professor and Dean, Kulliyyah of Medicine, Islamic International University Malaysia Dr Muhammad Adil Zainal Abidin Associate Professor, Kulliyyah of Medicine, Islamic International University Malaysia	Irama 5 (Level M)
	Workshop 2 Regional Biosecurity: Threats, Challenges And Way Forward Brig Gen (Dr) Mohd Arshil bin Moideen Dean, Faculty of Medicine and Defence Health, Universiti Pertahanan Malaysia Col (Dr) Ahmad Farhan bin Ahmad Fuad Director of Medical Operation, MAF Joint Force Headquarters Maj (Dr) Mohamad Arham bin Hashim	Irama 8 (Level M)
	Workshop 4 Data + Visual = Impact : A Health Infographic Workshop Mr Mohd Amierul Fikri Mahmud Institute for Public Health, National Institutes of Health, Ministry of Health Malaysia Ms Noor Syaqilah Shawaluddin Institute for Public Health, National Institutes of Health Ministry of Health Malaysia	Irama 6 (Level M)

Note: Tea break will be available at 10.30 AM

PRE-CONFERENCE WORKSHOPS 7th July 2025 (Monday)



Time	Programme	Venue
9.00 AM	Workshop 5 Creating Real Time Dashboards using Google Forms and Google Sheets	Irama 7 (Level M)
	Dr Shubash Shander Ganapathy Institute for Public Health, National Institutes of Health Ministry of Health Malaysia	
	Mr Mohd Ruhaizie Riyadzi Institute for Public Health, National Institutes of Health Ministry of Health Malaysia	
	Mr Muhammad Hanafi Bakri Institute for Public Health, National Institutes of Health Ministry of Health Malaysia	
1.00 PM	Lunch and end of Pre-conference Workshop	Fuze Restaurant (Level G)

Note: Tea break will be available at 10.30 AM

MAIN CONFERENCE AT A GLANCE 8th-10th July 2025



Time	Day 1 (8 Jul - Tue)	Day 2 (9 Jul - Wed)	Day 3 (10 Jul - Thu)
7.30 AM		B 11.0	
8.00 AM		Registration	
8.30 AM			
9.00 AM	Panel Discussion 1	Plenary 2	Plenary 4
9.30 AM		Free Deney Cossien 2	
10.00 AM		Free Paper - Session 2	
10.30 AM	Keynote Address		Panel Discussion 2
10.45 AM		Cumposium 4	Panei Discussion 2
11.00 AM	Opening Coromony	Symposium 4 Symposium 5	
11.30 AM	Opening Ceremony	Symposium 6	
11.45 AM	DDDI/ANA Fallawahin Canfarmant		Clasing 9 Award Caramany
12.00 PM	PPPKAM Fellowship Conferment	Dlamam, 2	Closing & Award Ceremony
12.15 PM	Dianany 1	Plenary 3	
12.45 PM	Plenary 1		
1.00 PM	Lunch	Lunch Talk	
1.30 PM	Lunch	Lunch faik	
2.00 PM			
2.30 PM	Free Paper - Session 1	Free Paper - Session 3	
3.00 PM		riee rapei - Session S	
3.30 PM	Symposium 1	Symposium 7	
4.00 PM	Symposium 2	Symposium 8	
4.30 PM	Symposium 3	Symposium 9	
5.00 PM			
5.30 PM			
6.00 PM		PPPKAM Annual General Meeting	
6.30 PM			
7.00 PM			

OPENING CEREMONY AGENDA



8th July 2025 - 11.00 AM

Time	Activity
10.45 AM	Arrival of Invited Guests
11.00 AM	National Anthem "Negaraku"
	Doa Recital
	Welcoming Speech
	Prof Dr Jamalludin bin Ab Rahman, President of the Malaysian Public Health Physicians Association and
	Dr Murizal bin Zainol, Manager of the National Institutes of Health
	Officiating Speech
	YB Datuk Seri Dr Dzulkefly Ahmad, Minister of Health, Ministry of Health Malaysia
	Conferment of Fellowship of Public Health Malaysia
12.00 PM	Booth Visits (VVIP)
12.30 PM	Lunch

CONFERENCE TIMETABLEDay 1 - 8th July 2025 (Tuesday)



Time	Sessions and Speakers	Venue
7.30 AM	Conference Registration	Foyer (Level 1)
3.30 AM	Panel Discussion 1: Artificial Intelligence (AI) in Public Health: Bridging Promise and Practice - A Critical Dialogue	Main Ballroom (Level 1)
	Moderator: Prof Dr Kamarul Imran bin Musa - Professor of Public Health Medi- cine, Universiti Sains Malaysia	
	Panelist: 1. Prof Dr Jamalludin bin Ab Rahman - Professor of Public Health Medicine, International Islamic University Malaysia	
	2. Dr Rajendra-Prasad Hubraj Yadav - Coordinator, World Health Organization, Western Pacific Regional Office, Manila, Philippines	
	3. Dr Nuraidah binti Mohd Marzuki - Deputy Director, Health Informatic Centre, Planning Division, Ministry of Health Malaysia	
0.00 AM	Keynote Address: Embracing the New Era: Advancing Public Health through Artificial Intelligence (AI) and Digitalisation	Main Ballroom (Level 1)
	Datuk Dr Nor Fariza binti Ngah Deputy Director General of Health (Research and Technical Support), Ministry of Health Malaysia	
0.45 AM	Coffee Break and Networking	
1.00 AM	Opening Ceremony	Main Ballroom (Level 1)
1.45 AM	PPPKAM Fellowship Conferment	Main Ballroom (Level 1)
2.15 PM	Plenary 1: Readiness and Integration of Artificial Intelligence (AI) in Public Health: Role of WHO for Western Pacific Countries	Main Ballroom (Level 1)
	Dr Rabindra Abeyasinghe WHO Representative and Head of the WHO Country Office to Malaysia, Brunei Darussalam and Singapore	
1.00 PM	Lunch / Prayer	Fuze Restaurant & Anyaman Hall, (Level G)

CONFERENCE TIMETABLEDay 1 - 8th July 2025 (Tuesday)



Time	Sessions and Speakers	Venue
2.00 PM	Free Paper - Session 1	
	Track 1: Epidemiology - CD / NCD	Main Ballroom
	Track 2: Family Health / Health Service Management	(Level 1) Masmera 1 (Level 1)
	Track 3: Occupational Health / Environmental Health / Social and Behavioural Health / Others	Irama 5,6,7 (Level M)
3.15 PM	Coffee Break and Networking	Foyer
3.30 PM	Concurrent Sessions: Symposium 1-3	
	Symposium 1: Communicable Disease Artificial Intelligence (AI) in Action: Tracking and Managing Infectious Diseases with Digital Tools	Main Ballroom (Level 1)
	S1.1: Strengthening Disease Detection Using Epidemiological Intelligent Tools: Key Messages from the WHO Western Pacific Regional Office Dr Sunita binti Abdul Rahman Deputy Director (Public Health), Perlis State Health Department	
	S1.2: Leveraging Artificial Intelligence (AI) and Dashboards for Public Health Surveillance and Reporting Prof Dr Kamarul Imran bin Musa Professor of Public Health Medicine, Universiti Sains Malaysia	
	S1.3: Deployment of Artificial Intelligence (AI) Models for Smart Infectious Disease Tools Dr Rajendra-Prasad Hubraj Yadav Coordinator, World Health Organization, Western Pacific Regional Office, Manila, Philippines	
	Symposium 2: Environmental Health Reimagining Environmental Health in the Digital Age	Masmera 1 (Level 1)
	S2.1: The Interconnectedness of Human and Planetary Health Dr Rohaida binti Ismail Head of Environmental Health Research Centre, Institute for Medical Research, NIH, Ministry of Health Malaysia	

CONFERENCE TIMETABLEDay 1 - 8th July 2025 (Tuesday)



Time	Sessions and Speakers	Venue
	S2.2: Deploying Nuclear Power for Climate Change Adaptation Dr Ahmad Riadz bin Mazeli Public Health Medicine Specialist, Environmental Health Unit, Disease Control Division, Ministry of Health Malaysia S2.3:	Masmera 1 (Level 1)
	Updates in Air Pollution Epidemiology in Malaysia: Current Research and Future Challenges Prof Dr Mazrura binti Sahani Honorary Professor & Public Health Medicine Consultant, Faculty of Health Sciences, Universiti Kebangsaan Malaysia	
	Symposium 3: Health Promotion Artificial Intelligence (AI) for Precision Health Promotion for Better Health Behaviour Change	Irama 5,6,7 (Level M)
	S3.1: Using Decision Modelling to Enhance Health Behaviour Change among NCD Patients Assoc Prof Ts Dr Maslin binti Masrom Associate Professor, Faculty of Artificial Intelligence, Universiti Teknologi Malaysia, Kuala Lumpur	
	S3.2: Artificial Intelligence (AI) for Behavioural Insights: from Theory to Practice Dr Saiful Adli bin Suhaimi Health Education Officer, Institute for Health Behavioural Research, NIH, Ministry of Health Malaysia	
	S3.3: Healthy Bytes: Big Data Shaping Population Health and Promoting Wellbeing Ts Dr Nurhidayah binti Bahar Senior Lecturer, Faculty of Information Science & Technology, Universiti Kebangsaan Malaysia	
5.00 PM	End of Day 1	

Day 2 - 9th July 2025 (Wednesday)



Time	Sessions and Speakers	Venue
8.30 AM	Plenary 2: Diagnosis-Related Groups (DRG) and Digitalisation in Public Health : The Building Blocks of Health Transformation	Main Ballroom (Level 1)
	Prof Emeritus Dato' Dr Syed Mohamed Aljunid bin Syed Junid Public Health Medicine Consultant; Professor of Health Economics, Policy and Management, UKM; and Professor of Community Medicine, IMU University	
9.15 AM	Coffee Break and Networking	Foyer, (Level 1)
9.30 AM	Free Paper Session 2:	
	Track 1: Epidemiology - CD / NCD	Main Ballroom
	Track 2: Family Health / Health Service Management	(Level 1) Masmera 1 (Level 1)
	Track 3: Occupational Health / Environmental Health / Social and Behavioural Health / Others	Irama 5,6,7 (Level M)
10.30 AM	Concurrent Sessions: Symposium 4-6	
	Symposium 4: Non-communicable Disease Harnessing Artificial Intelligence (AI) and Digitalisation to Combat Non-communicable Diseases	Main Ballroom (Level 1)
	S4.1: Artificial Intelligence (AI)-Driven Approaches to Addressing Non- communicable Diseases: Opportunities and Challenges Dr Wan Kim Sui	
	Public Health Medicine Specialist & Head of Centre for Burden of Disease Research, Institute for Public Health, Ministry of Health Malaysia	
	S4.2: From Data to Action: Artificial Intelligence (AI) and Digitalisation in the Fight Against Diabetes Prof Dr Lim Lee Ling Consultant Endocrinologist & Head of the Diabetes Care Unit, Universiti Malaya Medical Centre	

Day 2 - 9th July 2025 (Wednesday)



ime	Sessions and Speakers	Venue
	S4.3: Integrating Artificial Intelligence (AI) and Digital Tools in Cancer Screening in Malaysia Assoc Prof Dr Elaine Chan Wan Ling Head, Centre for Environmental and Population Health / HealthAI Lab, Institute of Research, Development and Innovation (IRDI), IMU University	
	Symposium 5: Occupational Health Shaping the Future of Occupational Health: Utilising Artificial Intelligence (AI) Technologies	Masmera 1 (Level 1)
	S5.1: Artificial Intelligence (AI) and Occupational Health Dr Suhainizam Muhamad bin Saliluddin Public Health Medicine Specialist & Medical Lecturer, Faculty of Medicine and Health Sciences, Universiti Putra Malaysia	
	S5.2: Virtual Reality (VR) Application in Occupational Health Dr Shawaludin bin Husin Occupational Health Doctor & President of Malaysian Occupational Health Practitioners Association (MOHPA)	
	S5.3: Revolutionizing Occupational Health: Digital Solutions for Early Disease Detection and Risk Stratification Prof Dr Siti Munira binti Yasin Professor of Public Health Medicine, Faculty of Medicine, Universiti Teknologi MARA	
	Symposium 6: Biomedical Harnessing Artificial Intelligence (AI) and Technology in Biomedicine: Transforming Disease Prevention and Personalised Medicine	Irama 5,6,7 (Level M)
	S6.1: Advancing Precision Medicine in Malaysia: Insights from the MyGENOM Project Dr Adiratna binti Mat Ripen Head of Cancer Research Centre, Institute for Medical Research, NIH, Ministry of Health Malaysia	
	S6.2: Genomics in the Age of Artificial Intelligence (AI): Exploring the Future of Data Integration, Innovation, and Impact Associate Prof Dr Saharuddin bin Mohamad Lecturer, Institute of Biological Sciences, Faculty of Science, Universiti Malaya	

CONFERENCE TIMETABLEDay 2 - 9th July 2025 (Wednesday)



Time	Sessions and Speakers	Venue
	S6.3: Predict, Prevent, Personalise: How Mathematical Models Drive Modern Public Health Dr. Mohd Kamarulariffin Kamarudin, Principal Investigator, Biomedical Epidemiology Institute for Medical Research, National Institutes of Health, Ministry of Health Malaysia	
12.00 PM	Plenary 3: Integrating One Health Strategies for Emerging Infectious Diseases in the Post-Pandemic Era Dr. Noraryana binti Hassan Director of the Disease Control Division, Ministry of Health Malaysia	Main Ballroom (Level 1)
12.45 PM	Lunch Talk by Organon Malaysia Sdn Bhd: Smart Spacing, Stronger Families: Implanon and the Future of Maternal Health - Dr. Wan Hilya Munira bt Mustapha, Head of Reproductive Health Unit, Human Reproduction Division, National Population and Family Development Board (NPFDB)	Main Ballroom, (Level 1)
2.30 PM	Free Paper - Session 3	
	Track 1: Epidemiology - CD / NCD Track 2: Family Health / Health Service Management Track 3: Occupational Health / Environmental Health / Social and Behavioural Health / Others	Main Ballroom (Level 1) Masmera 1 (Level 1) Irama 5,6,7 (Level M)
3.30 PM	Concurrent Sessions: Symposium 7-9	
	Symposium 7: Family Health Leveraging Digital Innovations for Comprehensive Family Health Support Across the Lifespan S7.1: ScreenMen: Empowering Men to Screen Dr Teo Chin Hai Senior Lecturer, Department of Primary Care Medicine, UM eHealth Unit, Universiti Malaya S7.2: Harnessing Artificial Intelligence (AI) and Digital Technologies to Address the Challenges of Ageing in Public Health Prof Ir Dr Siti Anom binti Ahmad Professor in Electrical and Electronic Engineering, Universiti Putra Malaysia	Main Ballroom (Level 1)

Day 2 - 9th July 2025 (Wednesday)



Time	Sessions and Speakers	Venue
	S7.3: Digitalisation in Family Health Services in Sarawak: Experience and Challenges Dr Noor Baizura binti Hj Jamali Public Health Medicine Specialist and Samarahan Divisional Health Officer, Sarawak State Health Department	
	Symposium 8: Health Service Management Transforming Healthcare Delivery through Digitalisation: Pathways to Equity and Efficiency S8.1: Enhancing Medical Readiness - Transforming Health Screening Effectiveness Utilising Lifetime Health Record System in the Military Brig Jen (Dr) Faridzal Harrymen bin Mohd Din Head of Military Medicine Department, Hospital Angkatan Tentera Tuanku Mizan S8.2: Safeguarding Ethics and Ensuring Safety in the Era of Digital Health Mr Mohd Firdaus bin Mohd Khairi Al Engineer & Data Scientist, Ministry of Digital Malaysia S8.3: Addressing the Digital Divide: Equity in the Age of Digital Health Dr Awatef binti Amer Nordin Public Health Medicine Specialist, Institute for Health Systems Re- search, Ministry of Health Malaysia	Masmera 1 (Level 1)
	Symposium 9: Clinical Epidemiology Enhancing Clinical Epidemiology Through Digitalisation and Artificial Intelligence S9.1: Research on Digitalisation of Developmental Screening Tools in	Irama 5,6,7 (Level M)
	Malaysia Prof Dr Toh Teck Hock Paediatrician & Head of Clinical Research Centre, Hospital Sibu, Sarawak S9.2: Artificial Intelligence (AI) in Cardiovascular Disease Prof Dr Sazzli Shahlan bin Kasim Consultant Cardiologist & Director of Cardiac Vascular and Lung Research Institute (CaVaLRI), UiTM Hospital Al-Sultan Abdullah	

Day 2 - 9th July 2025 (Wednesday)



Time	Sessions and Speakers	Venue
	S9.3: Artificial Intelligence (AI)-Driven Patient Self-Management as a Tool for Advancing Clinical Epidemiology Dr Nik Nailah binti Abdullah Founder and CEO GreenSHeart Sdn Bhd, Lecturer & Computer Scientist, Monash University Malaysia	
5.00 PM	End of Day 2	
5.30 PM	PPPKAM Annual General Meeting	Masmera 1 (Level 1)

Day 3 - 10th July 2025 (Thursday)



Time	Sessions and Speakers	Venue
8.30 AM	Plenary 4: Public Health in the Digital Era: Prospects and Obstacles	Main Ballroom (Level 1)
	Dr Maheshwara Rao a/l Appannan Director, Digital Health Division, Ministry of Health Malaysia	
9.30 AM	Coffee Break and Networking	Foyer, (Level 1)
10.00 AM	Panel Discussion 2: Leadership in Public Health	Main Ballroom (Level 1)
	Moderator: Dr Feizul Idzwan bin Mustafa - Director, Perak State Health Department	
	Panelist: 1. Prof Datuk Dr Lokman Hakim bin Sulaiman - Director of the Institute for Research, Development, and Innovation (IRDI) and Deputy Vice Chancellor for Research, IMU University	
	2. Dato' Dr Narimah Awin - Former Regional Advisor (Maternal and Reproductive Health), Regional Office of the WHO for the South East Asia Region	
	3. Dato' Dr Zainal Ariffin bin Omar - Public Health Medicine Consultant (Non-Communicable Disease Epidemiology) & Past President of PPPKAM	
11.30 AM	Closing and Awards Ceremony	Main Ballroom (Level 1)
12.30 PM	End of Conference	

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Readiness and Integration of Artificial Intelligence (AI) in Public Health: Role of WHO for Western Pacific Countries

Dr Rabindra Abeyasinghe, World Health Organization Representative & Head of the World Health Organization Country Office to Malaysia, Brunei Darussalam and Singapore

Synopsis - TBC



Diagnosis-Related Groups (DRG) and Digitalisation in Public Health: The Building Blocks of Health Transformation

Professor Emeritus Dato' Dr Syed Mohamed Aljunid bin Syed Junid, Public Health Medicine Consultant; Professor of Health Economics, Policy and Management, Universiti Kebangsaan Malaysia; and Professor of Community Medicine, IMU University

Synopsis - The implementation of Diagnosis-Related Groups (DRGs) or casemix, represents a transformative shift in healthcare financing and service delivery, facilitating more efficient resource allocation and enhanced patient care. Public health services as the backbone of the health system will be involved in the planning and implementation of DRGs nationwide. This presentation begins with an overview of DRGs, clarifying how these systems group patients based on clinical characteristics and treatment requirements. This grouping not only aids in the precise categorisation of patients but also streamlines standardised reimbursement processes for healthcare providers. By analysing the interconnected roles of DRGs in improving operational efficiency and promoting value-based care, this paper equips public health professionals with the essential knowledge needed to navigate the complexities of DRG systems. Key components examined in depth include the coding process, costing methodology, casemix index, and the pivotal roles of clinicians in implementing DRGs effectively. In addition to outlining best practices for DRG implementation, this session addresses common challenges and barriers faced by healthcare professionals, such as data accuracy and the necessity for interdisciplinary collaboration. It also highlights the impact of these challenges on the successful adoption of DRGs. Ultimately, this presentation aims to empower public health professionals by providing practical insights and tools to leverage DRGs effectively, thereby improving patient outcomes and fostering more sustainable healthcare practices. By deepening their understanding of DRGs, public health specialists and professionals can better align their practices with emerging trends in healthcare financing and delivery, resulting in enhanced quality of care and operational performance.



Integrating One Health Strategies for Emerging Infectious Disease in the Post-Pandemic Era

Dr. Noraryana binti Hassan, Director of the Disease Control Division, Ministry of Health Malaysia

Synopsis - Approximately 75% of Emerging Infectious Diseases (EIDs) are zoonotic in origin. Factors such as globalisation, environmental degradation, and closer human-animal interactions contribute significantly to this trend. The One Health approach—endorsed by the World Health Organization (WHO), Food and Agriculture Organization (FAO), World Organisation for Animal Health (WOAH), and United Nations Environment Programme (UNEP)—provides a comprehensive framework to address EIDs by integrating human, animal, and environmental health sectors. It promotes collaboration, coordination, and shared responsibility in disease prevention, detection, and response. Malaysia's experience with several zoonotic and emerging infections highlights the value of One Health in practice. Notable case studies include the Nipah virus outbreak (1999). controlled through multisectoral culling and movement restrictions; SARS (2003) and MERS-CoV (2014), which prompted border health surveillance; avian influenza, which remains a concern for poultry health; the ongoing rabies outbreak in Sarawak (since 2017); and COVID-19, which served as a catalyst for strengthening digital surveillance (e.g., MySejahtera) and risk communication. These examples demonstrate how One Health principles have been applied to real-world crises in Malaysia. Despite growing political commitment and structural progress, several challenges hinder effective One Health implementation. These include collaboration across sectors, integration of surveillance data, funding constraints, policy enforcement, public awareness, and workforce capacity. Key strategies include disease prioritisation workshops, establishment of multisectoral committees, development of national plans, field simulation exercises, and enhanced digital surveillance. Efforts are also focused on embedding One Health into national policy frameworks and financing mechanisms. One Health is not merely a concept but a necessary operational model for managing current and future health threats. By institutionalizing collaboration, investing in capacity and digital tools, and aligning regional and national strategies, Malaysia is strengthening its resilience and setting a leadership example within ASEAN for sustainable health security in the post-pandemic era.



Public Health in the Digital Era: Prospects and Obstacles

Dr Maheshwara Rao Appannan, Director of Digital Health Division, Ministry of Health Malaysia

Synopsis - Digital transformation is significantly reshaping public health practice globally, providing powerful tools to enhance surveillance, service delivery, health promotion, and policy planning. In Malaysia, the digital health agenda focuses on building a responsive, data-driven, and equitable public health system, evident through initiatives such as the expansion of telemedicine and interoperable electronic medical records. These digital tools aim to connect communities, strengthen healthcare integration, and improve health outcomes, supported by robust policy mechanisms for sustained innovation. Effective use of integrated, real-time data for early detection, response, and planning-termed public health intelligence-requires advanced data governance frameworks. This encompasses data security, ethical use, and equitable access, ensuring digitalisation benefits all without widening disparities. However, challenges persist, including the fragmentation of data sources, interoperability constraints, and ownership concerns, which underscore the necessity for cohesive governance approaches. Another crucial dimension is workforce transformation, where digital literacy and adaptation to technological changes remain essential. Additionally, the increased reliance on digital systems heightens vulnerability to cybersecurity threats, underscoring the importance of robust cybersecurity frameworks in protecting patient data and maintaining public trust. Despite digitalisation's promise, barriers such as infrastructure gaps, institutional resistance, and mismatched interventions impede progress. Addressing these requires multi-sectoral collaboration, coherent policy-making, and fostering a digital culture within public health. Malaysia's journey demonstrates that digital transformation is fundamentally human-centred and culturally rooted, not merely technological, guiding the path toward a resilient, inclusive digital health ecosystem.

SYMPOSIUM 1



1.1 Strengthening Disease Detection Using Epidemiological Intelligent Tools: Key Messages from the WHO Western Pacific Regional Office | Dr Sunita Binti Abdul Rahman, Deputy State Health Director (Public Health) Perlis State Health Department

I recently had the invaluable opportunity to serve as a Field Epidemiology Fellowship Programme (FEFP) Fellow at the World Health Organization (WHO) Western Pacific Regional Office (WPRO) in Manila for 10 weeks. This experience was both professionally enriching and personally transformative. During my placement, I was based with the Health Emergencies Programme Division (WHE), specifically the Health Intelligence and Management (HIM) Team, which oversees event-based surveillance (EBS), risk assessment, and response coordination. The system is operated by a team of epidemic intelligence officers comprising WHO staff, fellows from regional Field Epidemiology Training Programmes (FETPs), and seconded public health professionals. Signal screening is conducted twice daily, seven days a week, using both unofficial sources (e.g., media, ProMED, GPHIN) and official channels (e.g., IHR notifications, Member States, WHO Country Offices, FAO). Risk assessments are carried out through event verification with Member States or official sources, and responses may involve information sharing, resource mobilisation, deployment, or technical guidance. The multicultural and multidisciplinary environment at WPRO fostered deep learning and meaningful cross-cultural collaboration. I engaged with public health experts from across the region, gaining not only technical knowledge but also insight into regional health challenges and innovative response strategies. This fellowship has strengthened my commitment to global health and equipped me with valuable skills and perspectives that I will carry forward in my public health career. I am grateful to WHO WPRO and all my mentors and colleagues for their support and inspiration throughout this journey.

1.2 Leveraging Artificial Intelligence (AI) and Dashboards for Public Health Surveillance and Reporting | Professor Kamarul Imran Musa, Professor of Epidemiology and Statistics at the School of Medical Sciences, Universiti Sains Malaysia (USM)

Modern infectious disease surveillance has evolved from passive reporting systems to comprehensive approaches integrating multiple data streams. As demonstrated by the Johns Hopkins COVID-19 Dashboard, which processed over 226 billion data requests and attracted 3.6 billion views, effective surveillance systems now combine clinical, laboratory, and environmental data through automated collection, fusion logic, and anomaly detection services. This transformation has been driven by globalization and increasing cross-species transmission risks, demanding more responsive surveillance capabilities. Al and advanced analytics enhance infectious disease surveillance through predictive modelling and pattern recognition. Machine learning algorithms enable early outbreak detection, while natural language processing facilitates data mining from unstructured sources. The integration of automated online sewage virus enrichment robots with Al models, as seen in recent Monkeypox (Mpox) surveillance efforts, has demonstrated remarkable precision in predicting case numbers, capturing 87% of data variability through stacking ensemble approaches that combine multiple algorithms for improved accuracy.

COMMUNICABLE DISEASE



Interactive dashboards transform complex epidemiological data into accessible intelligence for decision-makers at all levels. Effective dashboard design combines visual elements with interactive features that support both fast (daily) and slow (monthly) usage patterns. Research shows that clinician-centered dashboard design significantly improves engagement, with studies reporting 72-79% favorable responses and 64-98% of users reporting practice improvements. Mobile applications integrated with dashboards enable geographically dispersed real-time data capture, enhancing early detection capabilities. Despite their potential, implementing Al-powered dashboards faces significant challenges. Data quality issues include inconsistent collection methods and interoperability problems across different systems. Technical challenges involve the need for standardized parameter definitions, with studies showing divergent interpretations of indicators like "cases," "deaths," and "recoveries." Adoption barriers exist where implementation lacks user-centered design approaches. Ethical considerations around privacy must be addressed, particularly when analyzing sensitive data from wastewater surveillance and other passive collection methods that might reveal population-level patterns without individual consent.

1.3 Deployment of Artificial Intelligence (AI) Models for Smart Infectious Disease Tools | Dr Rajendra-Prasad Yadav, Coordinator at the World Health Organization (WHO)'s Western Pacific Regional Office

The deployment of artificial intelligence (AI) models is creating new opportunities for smart infectious disease tools, enhancing surveillance, predictive analytics, and timely public health responses. Yet, translating Al innovations into sustainable field applications remains challenging, particularly in resource-constrained settings. This presentation shares practical experiences and lessons from the World Health Organization (WHO)-supported initiatives focused on deploying Al for infectious disease control. In the Philippines, an AI prototype was developed to predict tuberculosis treatment outcomes with high accuracy. Another example is the dynamic predictive disease modelling platform, which combines health program data with contextual and environmental information across all 42,000 barangays. This high-resolution model identified TB hotspots, estimated missing cases, and recommended prioritized TB screening locations. All also supports outbreak intelligence through the Epidemic Intelligence from Open Sources (EIOS) platform, using Al-powered text mining and multilingual analytics to scan global news and social media for early signals of public health threats. At the regional level, a high-resolution contextual mapping initiative covering the entire Western Pacific Region was implemented. This tool focused on mapping and visualizing population vulnerabilities, health access, and risk factors, including for communicable diseases. The platform is built for advanced modelling and predictive analytics as data availability improves. In Singapore, the AI Assistant for Telephone Triage demonstrated how AI models improve emergency health responses. WHO is now collaborating with the same developers to design a new Al-powered public health surveillance and behaviour change solution, leveraging AI for outbreak monitoring and health promotion at scale. These initiatives align with WHO's Global Initiative on Al for Health, emphasizing responsible governance, localization, and sustainable investments. Ultimately, smart infectious disease tools powered by Al must deliver actionable intelligence, equitable access, and strengthened epidemic preparedness.

SYMPOSIUM 2



2.1 The Interconnectedness of Human and Planetary Health

Dr Rohaida binti Ismail, Environmental Health Research Centre, Institute for Medical Research, National Institutes of Health, Malaysia

In recent decades, the distinction between human health and planetary health has blurred, revealing an intricate network of interdependence. Human and planetary health are intrinsically intertwined, with each influencing the well-being of the other. The concept of planetary boundaries represents key environmental thresholds, and exceeding any of these limits could trigger catastrophic and irreversible changes in Earth's systems. Pollution, ecosystems degradation, biodiversity loss, and climate change not only threaten planetary sustainability but directly impact public health. These environmental crises contribute to rising incidences of infectious diseases, as well as noncommunicable respiratory illnesses, and mental health challenges. Environmental changes and ecosystem disruptions can facilitate the emergence and spread of zoonotic diseases, while unsustainable agricultural practices and overuse of antibiotics in humans and livestock contribute to the growing threat of antimicrobial resistance. Conversely, human anthropogenic activity through deforestation, industrial activity, agriculture, energy consumption, and waste generation continue to accelerate environmental degradation and climate change.

Emerging solutions advocate for a healthier, more sustainable relationship between humans and the planet by focusing on reducing emissions, conserving biodiversity, and promoting sustainability. Protecting and restoring the planet can enhance human health by improving air quality, reducing environmental illnesses, and promoting sustainable systems that support environmental resilience. Integrating vulnerability and adaptation assessments into community and healthcare systems is also crucial for building resilience. These assessments help identify populations at risk, particularly the elderly, children, low-income groups, and those with chronic illnesses. These assessments help identify vulnerable populations and enhance the healthcare system's capacity to deliver high-quality care amidst climate impacts and related health outcomes.

Understanding the interconnectedness of human and planetary health is essential in tackling global health challenges and ensuring the resilience of both human and ecosystems for future generations. Addressing this interconnectedness requires a holistic approach that integrates environmental sustainability within public health strategies, and fosters cross-sectoral collaboration.

2.2 Deploying Nuclear Power for Climate Change Adaptation

Dr Ahmad Riadz Mazeli, Public Health Physician, Ministry of Health Malaysia (MOH)

Nuclear power can support climate change adaptation by providing low-carbon, reliable energy to address water scarcity and climate change. Nuclear power plants (NPPs) are used for desalination to supply water in required regions and to power infrastructure such as cooling systems or emergency services. Small modular reactors (SMRs) and...

ENVIRONMENTAL HEALTH



floating plants enhance flexibility for remote areas. NPPs should be designed to withstand earthquakes and tsunamis, with robust flood defences and drought-resistant cooling systems, including upgrades to existing ones based on Intergovernmental Panel on Climate Change (IPCC) climate risk assessments. New NPP development requires updated climate risk regulations, streamlined approvals, and efforts to build public trust through transparent communication. Building NPPs would incur large initial investments, require financing and trained skilled workers, and must address safety concerns through advanced technologies. Various challenges can be addressed through international collaboration, including sharing best practices, supporting developing nations, and fostering innovation via global R&D (e.g., thorium reactors). Though nuclear energy contributes to reducing only 2–3% of global emissions, increasing capacity remains a challenge, alongside ongoing public concerns.

2.3 Updates in Air Pollution Epidemiology in Malaysia: Current Research and Future Challenges | Professor Dr Mazrura Sahani, Centre for Toxicology & Health Risk Studies (CORE), Universiti Kebangsaan Malaysia (UKM),

Air pollution is the second highest risk factor for non-communicable diseases (NCDs). Major contributors to air pollution in Malaysia are industrial and vehicular emissions, construction activities, open burning, agricultural practices and transboundary haze. Air pollution epidemiology studies the relationship between air pollution and health outcomes in populations. It is divided by the two different mechanisms by which air pollution exposures affect human health: short- and long-term studies. The State of Global Air Report highlights that air pollution was responsible for 8.1 million deaths globally in 2021, making it the second leading risk factor for death, including for children under five years. In Malaysia, respiratory illnesses were the second leading cause of death (14.8%) in 2019, while cardiovascular diseases were the underlying cause of 7.9% of deaths in hospitals. Current challenges include meeting health-based standards for common air pollutants, mitigating climate change, reducing exposure to toxic pollutants, and protecting the ozone layer. Some key issues in the era of AI and digitalisation among others are data accessibility and integration, policy and governance, integrating Al models into public health systems which requires careful planning and infrastructure readiness, enhancing Public Health Surveillance through Al-powered dashboards and digital tools and successful digitalisation efforts require partnerships between researchers, app developers, and patient groups to ensure practical implementation and usability. The efforts to reduce air pollution in Malaysia align closely with several SDGs, including SDG 7 (Affordable and Clean Energy), SDG 13 (Climate Action), and SDG 3 (Good Health and Well-being). While the government has deployed several policies to control air pollution, more aggressive action is needed.



3.1 Using Decision Modelling to Enhance Health Behaviour Change Among NCD Patients | Dr Maslin Masrom, Associate Professor at the Faculty of Artificial Intelligence, Universiti Teknologi Malaysia (UTM), Kuala Lumpur

Non-communicable diseases (NCDs) such as diabetes, cancer, and heart disease continue to present significant public health challenges around the world. A critical component of managing these conditions lies in encouraging sustained behaviour change, yet traditional interventions often fall short due to complex individual and environmental factors. In the era of digitalisation and artificial intelligence (AI), by integrating behavioural science theories with data-driven decision support systems, decision modelling enables the simulation of patient choices, predicts behavioural outcomes, and optimises intervention strategies. This presentation will examine how decision modelling techniques, including decision trees, Markov models, and agent-based modelling (ABM), can be utilised to enhance health behaviour change among patients with diabetes, cancer, and heart disease. In diabetes care, Markov models are frequently employed to project long-term complications based on lifestyle choices and medication adherence, aiding clinicians and patients in making informed decisions. In heart disease, decision tree analysis and cost-effectiveness models direct interventions such as rehabilitation programs, dietary modifications, and wearable health monitoring. For cancer patients, particularly in survivorship care, agent-based modelling can simulate how individual behaviour and psychosocial factors affect long-term health outcomes and recurrence prevention. These models become more impactful when integrated with Al and digital tools, enabling real-time data collection, personalised risk predictions, and adaptive interventions. Mobile health apps, wearable sensors, and predictive algorithms can contribute to decision models to tailor behaviour change strategies. By highlighting case studies, this presentation will illustrate how decision modelling, combined with digitalisation and AI, can transform public health strategies. It allows both healthcare providers and patients to make evidence-based choices that foster sustainable behaviour change, ultimately enhancing quality of life and clinical outcomes for those affected by these chronic conditions.

3.2 Artificial Intelligence (AI) for Behavioural Insights: From Theory to Practice | Dr Saiful Adli bin Suhaimi, Health Education Officer, Head Behavioural Insights Unit, Institute for Health Behavioural Research (IPTK), National Institutes of Health (NIH), Malaysia

Understanding human behaviour is key to designing effective health interventions, but it remains a complex challenge due to its subjective nature and susceptibility to biases. While artificial intelligence (AI) cannot fully predict or replace human behaviour, it is a valuable tool for supporting behavioural insights. This presentation explores how AI can assist, and not replace behavioural science in practice. By combining AI with behavioural science frameworks such as the EAST model (Easy, Attractive, Social, Timely) and the COM-B model (Capability, Opportunity, Motivation – Behaviour), we can create strategies that align more closely with how people actually think and behave. For instance, Al...

HEALTH PROMOTION



analyses data such as health records, fitness trackers, and app usage to identify patterns, enabling personalised messages or reminders tailored to individual needs. However, it is essential to use AI responsibly. Ethical considerations, including transparency, consent, and fairness, are crucial to ensuring that AI-driven interventions remain people-centred and trustworthy. In summary, AI can transform behavioural insights into actionable, scalable strategies. When used responsibly, AI strengthens health interventions and supports the development of fair, evidence-based health policies.

3.3 Healthy Bytes: Big Data Shaping Population Health and Promoting Well-being | Ts Dr Nurhidayah Bahar, Faculty of Information Science & Technology, Universiti Kebangsaan Malaysia

The digital era has ushered in unprecedented volumes of health-related data from diverse sources, including electronic health records, wearable devices, social media, and public health surveillance systems. Big data has emerged as a transformative force in public health, offering new opportunities to understand population-level health trends, predict disease outbreaks, inform policy, and design targeted health promotion strategies. This study explores how big data contributes to shaping population health and promoting well-being through a systematic literature review of peer-reviewed studies published in the last decade. The review focuses on identifying key domains where big data has made significant impact, such as predictive analytics, personalized health interventions, real-time monitoring, and community health engagement. Findings from the study reveal that big data analytics has enhanced the efficiency of health systems by enabling early detection of health risks, improving decision-making, and supporting evidence-based public health campaigns. In health promotion, big data supports tailored messaging, behavioural tracking, and evaluation of programme effectiveness, contributing to more inclusive and equitable health outcomes. This study aims to provide public health professionals, researchers, and policy makers with an overview of current trends, applications, and considerations for leveraging big data in population health management and health promotion.



4.1 Artificial Intelligence (AI)-Driven Approaches to Addressing Non-Communicable Diseases: Opportunities and Challenges |

Dr Wan Kim Sui, Institute for Public Health, National Institutes of Health, Ministry of Health Malaysia

Non-communicable diseases (NCDs), including cardiovascular diseases, diabetes, and cancer, are responsible for a large portion of global morbidity and mortality. Artificial intelligence (AI) has emerged as a powerful tool in transforming the prevention, diagnosis, and management of NCDs, offering innovative solutions while also presenting notable challenges. Al algorithms, particularly those using machine learning, can analyse large amounts of clinical, genetic, and lifestyle data to identify individuals at high risk for developing NCDs. This allows targeted interventions, potentially delaying or preventing disease onset. Advanced machine learning models can also analyse medical imaging, genetic data, and electronic health records with high accuracy, enabling earlier diagnosis of diseases such as cancer and diabetic retinopathy. All also facilitates personalised treatment by predicting individual therapy responses, optimising drug regimens, and minimising adverse effects. Wearable devices integrated with Al algorithms enhance real-time monitoring, alerting users and healthcare providers to potential health risks. Despite these opportunities, several challenges remain. Data privacy and security are significant concerns, as AI systems require large amounts of sensitive patient information, raising ethical and regulatory issues. Another vital issue is algorithmic bias, where Al models trained on non-diverse or non-representative datasets may produce inequitable outcomes for underrepresented populations. Resistance from healthcare professionals and patients due to the 'black box' nature of some AI systems also poses a barrier to trust and adoption in NCD care. In conclusion, while AI holds immense potential in transforming NCD care, addressing ethical, technical, and regulatory challenges is essential for its equitable and effective implementation. Collaborative efforts among public health policymakers, clinicians, and technologists are crucial in harnessing Al's full capabilities to combat NCDs.

4.2 From Data to Action: Artificial Intelligence (AI) and Digitalisation in the Fight Against Diabetes | Professor Dr Lim Lee Ling, Professor of Medicine and Head of the Diabetes Care Unit, Universiti Malaya Medical Centre

The global diabetes epidemic demands urgent, data-driven solutions. This presentation explores how artificial intelligence (AI) and digitalisation are revolutionising diabetes care, from early detection to personalised management and population-level interventions. Drawing on real-world examples and emerging research, the lecture highlights the transformative potential of AI-powered tools, including predictive algorithms, remote monitoring systems, and digital health platforms in improving health outcomes. By bridging the gap between innovation and implementation, this presentation aims to empower clinicians, policymakers, and researchers to adopt a proactive approach in leveraging technology for better diabetes care. This multifaceted approach can serve as a catalyst for meaningful reform across the diabetes care continuum.

NON-COMMUNICABLE DISEASE



4.3 Integrating Artificial Intelligence (AI) and Digital Tools in Cancer Screening in Malaysia | Associate Professor Dr Elaine Chan Wan Ling, Institute of Research, Development and Innovation (IRDI), IMU University

This presentation explores Malaysia's strategic efforts to integrate artificial intelligence (AI) and digital tools into its healthcare system, particularly in the field of pathology, as supported by national policies. These initiatives are transforming diagnostic capabilities and improving early cancer detection, ultimately leading to better patient outcomes. Al's application in cancer diagnosis is exemplified through its use in cervical cancer screening via image analysis of Papanicolaou (Pap) smears. Al algorithms enable more accurate detection of abnormal cells, reducing human error and enhancing diagnostic efficiency. Similarly, Al-driven tools support the diagnosis of pancreatic cancer by analysing fine needle aspirates (FNA), allowing pathologists to identify malignant cells with greater precision. In addition, Al is contributing to the detection of infectious diseases through whole slide imaging, facilitating rapid, large-scale screenings that bolster public health responses particularly in remote areas. A key milestone in Malaysia's digital pathology transformation is the development of a national telepathology network. This enables remote consultations and access to expert opinions, allowing healthcare facilities in underserved regions to benefit from specialised diagnostic services and ensuring more equitable access to high-quality care. The successful adoption of AI and digital tools in Malaysian healthcare relies on the establishment of robust regulatory and ethical frameworks. These frameworks are essential to ensure patient safety, data privacy, and equitable access to Al-powered diagnostics. By prioritising these elements, Malaysia is fostering the responsible and effective integration of AI in clinical practice. In conclusion, Malaysia's adoption of Al and digital tools in cancer screening, supported by effective policies and regulatory frameworks, is advancing the country's healthcare system. These innovations are enhancing diagnostic precision, improving patient outcomes, and ensuring broader access to cutting-edge healthcare services across the nation.



5.1 Artificial Intelligence (AI) and Occupational Health |

Dr Suhainizam bin Muhamad Saliluddin, Faculty of Medicine and Health Sciences, Universiti Putra Malaysia

At the turn of the 21st century, early digital assistants, like the animated office helper many will remember were introduced with the promise of human-like support. Despite their polite interjections and speech-enabled suggestions, these systems operated on rigid decision trees and pre-programmed templates. For many users, they quickly became more intrusive than useful. Fast forward to the present day, and generative artificial intelligence (AI) systems have transformed how humans interact with technology. These systems can learn from vast datasets, track context, and generate highly personalised outputs. From composing emails to summarising documents or recommending health actions, AI is now seamlessly embedded in daily life. This presentation explores how such technologies can be leveraged within the field of occupational medicine. The discipline routinely generates large volumes of sequential and contextual data-ranging from health surveillance records and exposure logs to ergonomic assessments and psychological screening. Generative Al's ability to detect patterns, predict outcomes, and support evidenceinformed decisions presents an opportunity to reshape how occupational health professionals monitor risks, identify emerging hazards, and design targeted interventions. While AI cannot replace human clinical judgment, it can serve as a powerful ally in supporting safer workplaces, timely interventions, and adaptive control measures. The talk will explore use cases, limitations, and the ethical considerations of Al integration in occupational health practice.

5.2 Virtual Reality (VR) Application in Occupational Health | Dr Shawaludin bin Husin, Malaysian Occupational Health Practitioners Association (MOHPA)

Innovative VR technology has the potential to significantly bolster public health interventions within occupational settings. By facilitating early detection and prevention, it aligns with the World Health Organization's (WHO) global initiatives to mitigate the increasing prevalence of diseases, particularly in middle and low-income nations, including Malaysia. Additionally, it contributes to a reduction in the overall incidence of occupational related diseases, enhances the rate of occupational safety and health (OSH) notification rates and ultimately facilitates alleviation of the global disease burden. As such, MySmartOH's VR Audiometry represents a significant advancement in audiometry technician training, fostering enhanced learning efficiency and skill mastery. This enhanced educational foundation enables more accurate and efficient hearing assessments, which are essential for the early detection of hearing impairments in industrial settings. It also supports a more proactive and effective approach to hearing conservation in the workplace and beyond.

OCCUPATIONAL HEALTH



5.3 Revolutionizing Occupational Health: Digital Solutions for Early Disease Detection and Risk Stratification | Prof Dr Siti Munira binti Yasin, Professor of Public Health Medicine, Faculty of Medicine, Universiti Teknologi MARA

Occupational diseases often develop quietly in industries where workers are routinely exposed to physical, chemical, and ergonomic hazards and are only identified when symptoms have progressed. This is especially true in high-risk sectors such as manufacturing, construction, utilities, agriculture, hospitality, and guarrying. My talk will share DOSH's recent research efforts in collaboration with UiTM to shift the focus from late-stage diagnosis to early identification and intervention for major occupational health problems. These include hearing loss from noise exposure, lung diseases linked to dust and chemicals, neurotoxicity, occupational skin diseases, musculoskeletal disorders, and mental health conditions. Over the past three years, we have developed digital screening tools and implemented them across selected industries in Malaysia, successfully screening more than 115,000 workers via a digital system. The tools capture work-related health indicators through structured assessments, incorporating job type, exposure history, selfreported symptoms, lifestyle factors, and risk assessment. We developed a digital risk stratification system using this data to identify which workers most need further follow-up or targeted health interventions. Although artificial intelligence is not yet part of the current platform, it has been initiated for the next phase. We are developing and embedding Al-driven analytics to enhance the screening system's predictive accuracy, enabling even earlier detection and more personalised recommendations. This presentation will walk through the design of our approach, share what we have learnt from the large-scale implementation so far, and explore how this digital framework could be scaled up nationally. We aim to create a more proactive occupational health model that uses technology for efficiency and to protect and promote workers' health before illness takes hold. We hope to help shape a healthier, more resilient workforce in Malaysia's industrial sector through smarter screening and data-driven strategies.



6.1 Advancing Precision Medicine in Malaysia: Insights from the MyGENOM Project | Dr Adiratna binti Mat Ripen, Institute for Medical Research, National Institute of Health, Ministry of Health Malaysia

The MyGENOM Project represents a landmark national initiative to harness the power of genomics in transforming public health across Malaysia. As the country faces a rising burden of noncommunicable diseases (NCDs), such as cardiovascular disease, diabetes, and cancer, this project aims to provide the scientific foundation for more personalized, predictive, and preventive approaches to healthcare. By capturing the rich genetic diversity of Malaysia's multiethnic population, MyGENOM is generating a unique genomic dataset that reflects local health risks and variations in disease susceptibility. In this session, Dr Adiratna Mat Ripen will provide an overview of the MyGENOM Project's objectives, structure, and early findings, with a focus on its implications for public health policy and practice. She will explore how integrating genomic data with traditional health surveillance systems can enhance risk stratification, guide more targeted screening and intervention programs, and ultimately improve population-level outcomes. The talk will include examples of how genetic insights are already informing decisions around disease prevention and treatment personalization in pilot programs. Dr Adiratna will also discuss the broader ecosystem required to support precision medicine in Malaysia—including infrastructure development, workforce training, data governance, and ethical oversight. Particular attention will be given to the importance of public trust, community engagement, and equitable access to genomic services. Additionally, she will highlight the importance of multi-stakeholder collaboration among government agencies, academic institutions, healthcare providers, and the public. This session will offer a forward-looking perspective on how precision medicine, powered by initiatives like MyGENOM, can be leveraged to build a more inclusive, effective, and sustainable healthcare system in Malaysia and the wider region.

6.2 Genomics in the Age of Artificial Intelligence (AI): Exploring the Future of Data Integration, Innovation, and Impact | Associate Professor Dr Saharuddin bin Mohamad, Institute of Biological Sciences, Faculty of Science, Universiti Malaya

The integration of artificial intelligence (AI) into genomics is transforming clinical care by enabling faster diagnoses, more precise treatments, and deeper insights into the molecular basis of disease. As genomic datasets grow in size and complexity—spanning whole-genome sequencing, transcriptomics, epigenomics, and more—traditional analytical methods increasingly struggle to keep pace. All brings powerful capabilities in pattern recognition, predictive modelling, and data integration, offering a transformative approach to decoding the genome with unprecedented precision and speed. This session explores how AI is reshaping genomics, particularly in clinical settings, with focus areas including genome sequencing, functional analysis, and variant interpretation. Special emphasis will be placed on how AI integrates multi-omics data—genomic, epigenomic, transcriptomic, and proteomic, into unified biological insights. Real-world applications will be highlighted, such as AI's impact on cancer genomics, rare disease diagnosis, and precision therapeutics. For example, tools like AlphaFold have revolutionised protein...

BIOMEDICAL



structure prediction, while DeepVariant is improving variant interpretation in clinical genomics. Despite its transformative potential, Al in genomics faces challenges including data privacy, model interpretability, and the need for robust ethical frameworks. Addressing these challenges is essential for the responsible deployment of Al in healthcare. Looking ahead, the synergy between genomics and Al promises to reshape how we approach health, disease, and innovation.

6.3 Predict, Prevent, Personalise: How Mathematical Models Drive Modern Public Health | Dr. Mohd Kamarulariffin Kamarudin, Principal Investigator, Biomedical Epidemiology Institute for Medical Research, National Institutes of Health, Ministry of Health Malaysia

Synopsis - This talk explores the important role of mathematical modelling in improving disease prevention, health system planning, and public health response. It highlights how models can predict, simulate, and guide interventions from controlling infectious diseases to managing hospital resources.

Using local examples such as dengue and TB SEIR models, genomic surveillance, and emergency department simulations, the talk shows how modelling can turn complex biomedical and operational data into useful insights. It also introduces phylogenetic modelling, which helps trace virus evolution and transmission patterns to support early outbreak detection and targeted responses. The use of Hospital Standardised Mortality Ratios (HSMR) is presented as a practical example of modelling for improving Malaysia's health system.

The talk ends by addressing key challenges, such as data quality, uncertainty, and the need for collaboration across disciplines. It emphasises that mathematical modelling is no longer just a research tool it is a vital part of building a proactive, resilient, and precision-focused health system.



7.1 ScreenMen: Empowering Men to Screen | Dr Teo Chin Hai, Senior Lecturer, Department of Primary Care Medicine, Faculty of Medicine, Universiti Malaya

Health screening uptake among men in Malaysia remains suboptimal. To address this, ScreenMen, a mobile-friendly web application, was developed to raise awareness about health risks, encourage healthy behaviours, and empower men to pursue evidence-based screening. The development process of ScreenMen was guided by behavioural theories, existing literature, and insights from men themselves. Through interviews with 31 community-based men, researchers identified key barriers and enablers to screening, and gathered feedback on desirable features for a screening app. ScreenMen promotes comprehensive and evidence-based screenings across several health domains, including lifestyle risks, cardiovascular diseases, cancers, infectious diseases, and mental health, incorporating local and global clinical guidelines. To improve relevance and usability for men, the app incorporated male-friendly features and followed a user-centred, iterative design approach. Prototypes were continuously refined through testing with experts and community members. The final version of ScreenMen includes a 2-minute video to address misconceptions on screening; an algorithm-driven health assessment with education function (full and auick modes); and a list of frequently asked questions. A pragmatic online randomised controlled trial, conducted via Facebook, evaluated ScreenMen's effectiveness. At the 3-month follow-up, men using ScreenMen had significantly higher actual screening rates than the control group (23.2% vs 12.9%, p=0.047). These users also intended to undergo screening sooner (median 6 vs 12 months). and demonstrated better knowledge at immediate, 1-month, and 3-month intervals. A pilot implementation study has also been conducted to implement ScreenMen in public health clinics. Early results suggest men were more likely to engage with ScreenMen through QR codes on waiting area buntings (n=30) than via clinician-delivered postcards (n=9) or posters (n=0). ScreenMen demonstrated a full spectrum of research, from design to real-world application, in using a digital solution enhancing men's health. Future studies should continue to explore how digital tools can improve the health of the public.

7.2 Harnessing Artificial Intelligence (AI) and Digital Technologies to Address the Challenges of Ageing in Public Health | Professor Ir Dr Siti Anom binti Ahmad, Department of Electrical and Electronic Engineering, Faculty of Engineering, Universiti Putra Malaysia

As Malaysia transitions into an ageing nation, public health systems face mounting challenges in providing equitable, efficient, and person-centred care for older adults. This talk explores how artificial intelligence (AI) and digital technologies are revolutionizing the way we approach ageing-related health issues—ranging from early disease detection and fall prevention to chronic disease management and social connectedness. Drawing from real-world research, innovations, and pilot projects, the presentation will showcase how AI-integrated systems, such as wearable health monitors, predictive analytics, and personalised interventions, are being deployed to enhance health outcomes and support ageing-in-place initiatives. The talk also highlights the crucial role of digital literacy among older persons, which is often overlooked. Without the confidence and skills to use...

FAMILY HEALTH



technology, many seniors may miss out on digital health innovations. We must design inclusive, user-friendly solutions and provide education and support to empower older adults to benefit fully from these tools. With the right approach, Al and digital health technologies can strengthen our public health system while enabling older Malaysians to age with dignity, safety, and better quality of life.

7.3 Digitalisation in Family Health Services in Sarawak: Experience and Challenges Synopsis | Dr Noor Baizura binti Jamali, Kuching District Health Officer, Sarawak State Health Department

Sarawak, Malaysia's largest state, is embracing digitalisation to improve family health services and bridge healthcare disparities between urban and rural populations. With over 2.5 million residents approximately 45% of whom live in remote areas—access to healthcare has long been a challenge. To address this, the Sarawak government has allocated RM10 million to digitise 150 of its 271 public health clinics, impacting 73% of primary care patients. Central to this initiative is the implementation of a cloud-based Clinic Management System (CCMS), enhanced with Artificial Intelligence (AI) to streamline workflows and ensure robust disaster recovery capabilities, securing patient data even in emergencies. In parallel, the Ministry of Health aims to expand teleconsultation services to 900 clinics nationwide by the end of 2024. As of July 2024, 287 clinics have already implemented virtual consultations, covering areas such as antenatal care and chronic disease management. To improve rural access, plans are underway to deploy 2,000 telehealth kiosks across Malaysia over the next two years. These kiosks will allow residents to conduct self-checks and consult healthcare providers remotely, helping reduce overcrowding in rural facilities. Despite these advancements, challenges remain. Many rural areas face poor internet connectivity and outdated ICT infrastructure. Additionally, healthcare professionals require ongoing training to effectively use digital tools, and concerns around data security and patient privacy demand stringent safeguards. To conclude, Sarawak's journey towards digitalising family health services illustrates a commitment to overcoming geographical and infrastructural challenges to provide equitable healthcare. While significant strides have been made, addressing the existing challenges is crucial to achieving a fully integrated and accessible digital health ecosystem for all communities in Sarawak.



8.1 Enhancing Medical Readiness - Transforming Health Screening Effectiveness Utilising Lifetime Health Record System in the Military | Brigadier General (Dr) Faridzal Harrymen bin Mohd Din, Head of Military Medicine Department, Hospital Angkatan Tentera Tuanku Mizan

The Malaysian Armed Forces (MAF) has been at the forefront of healthcare digitalisation since the early 2000s, recognising the strategic importance of maintaining force readiness through early and effective health interventions. As part of this transformation, the MAF introduced the CENTROMERES initiative—a Centralised Medical Repository System anchored by the Military Lifetime Health Record (MLHR) platform. This digital health ecosystem is designed to revolutionise how health data is captured, accessed, and analysed across the military healthcare continuum. The objective is clear: to shift from reactive treatment to proactive health risk management. By leveraging digital health tools, particularly through comprehensive and routine health screening, MAF aims to identify potential health threats early and intervene before they compromise operational effectiveness. The MLHR system serves as a centralised and lifelong repository of each soldier's medical data, offering a dynamic and longitudinal view of their health status. With the integration of machine learning (ML) and artificial intelligence (AI), the system aspires to evolve further into a predictive health analytics platform. This capability will empower healthcare professionals with actionable insights, supporting timely clinical decisions while also promoting healthy behaviours among personnel. The ultimate vision is to create a military healthcare environment that is not only responsive but also anticipatory, ensuring that every soldier is physically and mentally fit for duty. This presentation explores the journey, challenges, and future direction of the MAF's digital healthcare transformation. It highlights how data-driven technologies and the MLHR platform are being strategically employed to enhance medical readiness and operational sustainability—setting a new standard for modern military medicine in the region.

8.2 Safeguarding Ethics and Ensuring Safety in the Era of Digital Health | Mr Mohd Firdaus bin Mohd Khairi, Artificial Intelligence Engineer & Data Scientist, Ministry of Digital Malaysia

The rapid integration of digital health technologies—driven significantly by advancements in artificial intelligence (AI)—is fundamentally reshaping healthcare delivery, including in public health. Al offers unprecedented potential, from predictive analytics for disease outbreaks to personalised health interventions, enhancing efficiency, accessibility, and population health outcomes. However, this transformation introduces complex ethical challenges and safety concerns that require rigorous scrutiny, particularly when viewed through the lens of public health principles and Malaysia's unique context. From a public health perspective, ethical considerations around AI are critical. Algorithmic bias, for example, can reinforce or exacerbate existing health inequities among diverse population groups if not addressed, undermining the core public health objective of health equity. Issues of data privacy, security, and informed consent are magnified when dealing with large-scale population health data, potentially eroding public trust—an essential component of effective health programmes. Ensuring equitable access to the benefits ...

HEALTH SERVICE MANAGEMENT



of AI is another key challenge. In Malaysia, the healthcare system is undergoing digital transformation through initiatives such as telehealth and electronic health records, as outlined in national strategic plans. As such, the ethical governance of AI becomes increasingly important. Development and deployment must consider the country's multicultural society and healthcare infrastructure to ensure fair benefit distribution and cultural appropriateness. Establishing ethical safeguards proactively is vital to harness AI's potential responsibly. This presentation will explore core ethical principles—fairness, transparency, accountability, privacy, and safety—in the context of AI in digital health. It will address specific challenges and propose potential frameworks and collaborative strategies involving policymakers, healthcare professionals, technologists, and the public, tailored to Malaysia's national needs.

8.3 Addressing the Digital Divide: Ensuring Equity in the Age of Digital Health | Dr Awatef binti Amer Nordin, Institute for Health Systems Research, National Institute of Health, Ministry of Health Malaysia

Digital health has progressed by leaps and bounds, with increasing recognition of its potential to enhance access to care. Nevertheless, disparities in its reach and accessibility have also been acknowledged, whereby the digital divide poses various challenges in the delivery of healthcare services. With the conceptualisation of the social determinants of health, the interconnections between health status and living conditions or surroundings are important considerations in the pursuit of health equity. The emergence of digital determinants of health introduces an additional layer of complexity in addressing health equity. This presentation will cover an overview of the digital divide in health, touch on determinants of inequalities and share some ideas on how digital health can be more accessible and inclusive.



9.1 From Clinic to Home: Advancing Early Childhood Developmental Screening through Malaysian Digital Health Research | Professor Dr Toh Teck Hock, Clinical Research Centre, Hospital Sibu, Sarawak

Early identification of children's developmental delays enables timely interventions and improves long-term outcomes for children and their families. However, these efforts often face low parental awareness, overburdened clinics, and a lack of culturally relevant screening tools. In response, a diverse team of researchers from the Institute for Clinical Research, experts from Sunway University, Universiti Malaya, University of Technology Sarawak, National Early Childhood Intervention Council, private sector collaborators such as SPARK Child Development Centre, TOY EIGHT and Angsana Health have come together. Their goal is to develop scalable, innovative solutions, starting in Malaysia and expanding across ASEAN and beyond to support early childhood development. Spark@Grow is designed to empower parents in the early screening of children aged 0 to 42 months. The app offers a bilingual, user-friendly interface covering motor, language, and social development, enhanced with interactive activities and Al-powered features. The initiative includes a novel eye-tracking system developed with Sunway Baby & Child Lab to aid early autism screening. TOY8 digital app, designed for children aged 3 to 5 years, combines game-based assessment with parental input to detect early signs of developmental delay. The latter is accompanied by a personalised intervention package currently in pilot testing. Lastly, the Autism Virtual Early Screening Tool (AVEST) uses the M-CHAT-R Questionnaire and video uploads to determine autism risk. Malaysia is uniquely positioned for digital health innovation with high smartphone penetration, strong academic-clinical networks, and an increasing focus on early childhood development. The country's multiethnic and multilingual context also enables the creation of culturally adaptable models for wider regional use. This work illustrates how AI and digital tools can improve screenings, reduce the strain on healthcare systems, and improve equity. These innovations align with Malaysia's public health goals and establish the nation as a leader in digital solutions for child development, with the potential to revolutionise health care.

9.2 Artificial Intelligence (AI) in Cardiovascular Disease | Professor Sazzli Shahlan bin Kasim, Cardiac Vascular and Lung Research Institute (CaVaLRI), UiTM Hospital Al-Sultan Abdullah

Artificial intelligence (AI) is transforming the way cardiovascular care is delivered. This presentation will highlight three key areas where AI is making a significant impact: identifying population-level risk, enhancing diagnostic accuracy, and supporting home-based care. The session begins by examining how AI can more effectively identify individuals at risk of cardiovascular disease. By analysing large volumes of health data—including lifestyle, clinical, and demographic factors—AI tools enable earlier identification of at-risk individuals and support timely preventive action. The next focus is on AI applications in medical imaging, particularly ultrasound. AI is helping to improve the accuracy and consistency of heart disease diagnosis, especially in primary care settings. This is especially valuable for detecting early signs of cardiac issues in high-risk populations, such as individuals with diabetes. The final section explores the role of AI in enabling home-based care.

CLINICAL EPIDEMIOLOGY



Through wearable devices and remote monitoring technologies, patients can remain engaged with their health and easily adhere to personalised treatment plans from the comfort of their homes. This approach is especially beneficial for managing chronic cardiovascular conditions. Together, these advances demonstrate the growing role of AI in reshaping cardiovascular care across prevention, diagnosis, and long-term management.

9.3 Artificial Intelligence (AI)-Driven Patient Self-Management as a Tool for Advancing Clinical Epidemiology | Dr Nik Nailah binti Abdullah, School of Information Technology, Monash University Malaysia

What happens during the 99% of a patient's life spent outside hospital walls? The "data in the wild" holds untapped insights that can close the loop between clinical visits and everyday life. This presentation reveals our collaboration with Malaysia's Ministry of Health cardiologists, where the TrackCare AI App is being piloted for heart failure patient self-management. As heart failure shows alarming growth among younger populations, we tackle a crucial question: How can real-world data transform both individual care and epidemiological understanding? Traditional healthcare captures only fragmented moments during clinical visits, leaving critical gaps in our understanding of disease trajectories. TrackCare Al addresses this by empowering patients as active participants in both their personal health management and broader medical research. This dual approach not only improves individual outcomes but reshapes how we understand disease patterns across populations. The session will present findings from a digital clinical trial evaluating a novel smalldata, individualised machine learning model for predicting acute decompensated heart failure. By integrating device sensor data with patient-reported symptoms, the system sheds light on the "dark periods" between clinic visits. Early retrospective study results suggest new potential for predicting cardiac changes while generating epidemiological insights that traditional models miss. The team's pilot study shows promising results in detecting subtle changes in cardiac status using vital signs and symptomatic data, with ongoing work to incorporate contextual and environmental factors, opening exciting opportunities for advancing clinical epidemiology.

FREE PAPER - SESSION 1 (8 JULY - 2 PM)



Code	Title	Venue	
	EPIDEMIOLOGY (COMMUNICABLE / NON-COMMUNICABLE DISEASE)		
EPIDOP01 / 251	Development, Validation and Usability Testing of "Wabak X" Card Game: A Serious Game on Disease X and Outbreak Preparedness for the Orang Asli in Selangor		
EPIDOP02 / 270	A Comparative Study of XGBoost, SVM, and Random Forest for Hypertension Risk Prediction Among Malaysian Adults		
EPIDOP03 / 292	Factors Associated with Tuberculosis Recurrence in Besut, Terengganu - A Case Control Study		
EPIDOP04 / 299	Depression among Tuberculosis Patients in Sarawak	Main Ballroom (Level 1)	
EPIDOP05 / 318	A Competing Risk Analysis of Cardiovascular Events among People Living with HIV - Early Findings from CardHIV Study	(20001)	
EPIDOP06 / 324	Epidemiology of Measles and Factors Associated with Laboratory-Confirmed Measles in Johor Bahru from 2020 until 2024		
EPIDOP07 / 325	Prevalence and Risk Factors of Cataract Formation in Diabetic Patients in Johor Bahru: A Population-Based Analysis		
	FAMILY HEALTH / HEALTH SERVICE MANAGEMENT		
FHHMOP01 / 174	Exploring Digitalisation Challenges in Implementing Integrated Care in Langkawi's Healthcare System		
FHHMOP02 / 178	Geographic Information Systems (GIS) Mapping of Primary Care Services: Do Older Adults in Malaysia Have Equitable Access?		
FHHMOP03 / 189	Optimising Colorectal Cancer Screening in Malaysia: Are Screening Efforts Aligned with Disease Burden? (2014–2021)		
FHHMOP04 / 229	Gender Disparities in Adolescent Health Risks: A Cross- Sectional Study in Tumpat, Kelantan	Mesmera 1	
FHHMOP05 / 231	Development of an Image-based Health Promotion Material to Cultivate Healthy Child Media Habits among Malaysian Toddlers	(Level 1)	
FHHM0P06 / 247	Rheumatic Heart Disease Screening Among School Children at Primary Care Level in Tuaran: Task-Shifting Strategy using Hand-held Echocardiography and Risk Factor Analysis		
FHHMOP07 / 268	Kiambang Merah: Innovating Menstrual Care through Al and Digitalisation in Social Entrepreneurship for Public Health		

FREE PAPER - SESSION 1 (8 JULY - 2 PM)



Code	Title	Venue	
OCCUPAT	OCCUPATIONAL HEALTH / ENVIRONMENTAL HEALTH / SOCIAL & B		
OESHOP01 / 180	QHub 1.0: The Development of a Centralised Learning Hub for Quality Improvement in Malaysia		
OESHOP02 / 181	The Manifestation of Work-related Fatigue among Scaffolders as Indicated by Physical and Cognitive Dimension: Objective Fatigue Assessment from a One Group Pre-Post Experimental Study		
OESHOP03 / 204	Body Weight Perception and Weight Control Behaviours among School-going Adolescents in Malaysia		
OESHOP04 / 215	Spatial distribution of dietary patterns and its association with obesity among adults in Malaysia	Irama 5,6,7 (Level M)	
OESHOP05 / 216	Reimagining Environmental Health in the Digital Age: A Data-Driven Heat Health Warning System (HHWS) for Urban and Rural Region in Northern part of Peninsular Malaysia	(Ectel III)	
OESHOP06 / 252	Discovering the Health Risks among Healthcare Workers: Prevalence and Its Associated Factors for Obesity in a Major Government Research Institute in Klang Valley, Malaysia		
OESHOP07 / 255	Sequential Food Poisoning Outbreaks in a Boarding School: Risk Factors and the Cloud Kitchen Risks		

FREE PAPER - SESSION 2 (9 JULY - 9.30 AM)



Code	Title	Venue	
E	EPIDEMIOLOGY (COMMUNICABLE / NON-COMMUNICABLE DI		
EPIDOP08 / 334	Leading Causes of Death among Children Aged 0–14 Years in Malaysia: A Comparison between 2019 and 2023		
EPIDOP09 / 342	Modelling Dengue Incidence and its Association with Temperature in Johor Bahru, Malaysia		
EPIDOP10 / 347	Assessing the of Accuracy of Artificial Intelligence Diagnostic in Tuberculosis Screening: Sensitivity and Specificity in Rural Sarawak	Main Ballroom	
EPIDOP11 / 363	Towards a Mentally Healthier Nation: Expert Consensus on a Depression Intervention for Patients in Primary Care	(Level 1)	
EPIDOP12 / 389	Understanding the Home Tobacco Environment among Non-Tobacco Users in Malaysia: Insights from the National Health and Morbidity Survey 2023		
EPIDOP13 / 390	When a Permanent Solution is Taken for a Temporary Problem: Exploring the Demographics of Suicide Mortality		
	FAMILY HEALTH / HEALTH SERVICE MANAGEMENT		
FHHMOP08 / 277	Establishing a Cardiac Arrest Registry to Improve Out-of- Hospital Cardiac Arrest (OHCA) Outcomes in Malaysia: A Step Towards Data-Driven Emergency Care		
FHHMOP09 / 289	Living in an Obesogenic Environment: Voices of Women of Reproductive Age – A Qualitative Exploration		
FHHMOP10 / 295	From Policy to Delivery Rooms: Cascade of High-Risk Pregnancy Dynamics and Maternal Outcomes in Ningxia, Northwestern China	Mesmera 1 (Level 1)	
FHHM0P11 / 310	Intimate Partner Violence and Child Maltreatment in Sarawak: Predictive Factors Among Men	(- /	
FHHMOP12 / 313	Patients' Perspectives on Good Quality of Care for Managing Diabetes, Hypertension and Dyslipidaemia: A Nominal Group Technique Approach		
FHHMOP13 / 319	Development of Public Health Law in Malaysia		

FREE PAPER - SESSION 2 (9 JULY - 9.30 AM)



Code	Title	Venue	
OCCUPAT	OCCUPATIONAL HEALTH / ENVIRONMENTAL HEALTH / SOCIAL & BE		
OESHOP08 / 256	Machine Learning Identifies Autoantibody-Defined Systemic Lupus Erythematosus Subgroups and Their Association with Clinical Manifestations		
OESHOP09 / 278	Development and Validation of an Educational Model for Adult with Allergic Rhinitis		
OESHOP10 / 290	Spatio-Temporal Analysis of Leptospirosis Hotspot Areas and its Association with Hydroclimatic Factors in Selangor (2011-2019) and Developing a Predictive Model	Irama 5,6,7	
OESHOP11 / 296	Enhancing Ergonomic Risk Prediction Modifying the National Institute for Occupational Safety And Health (NIOSH) Lifting Equation with Individualised Data Inputs	(Level M)	
OESHOP12 / 303	Validation of the Integrated Palliative Care Outcome Scale (IPOS) – Malay Version		
OESHOP13 / 306	Low Back Pain Among Medical Laboratory Technologists: Associating Factors and Ergonomic Risk Assessment		

FREE PAPER - SESSION 3 (9 JULY - 2.30 PM)



Code	Title	Venue	
ı	EPIDEMIOLOGY (COMMUNICABLE / NON-COMMUNICABLE DIS		
EPIDOP14 / 391	Antimicrobial Resistance Trends of Gram-Negative Infections in Malaysia: 2018 – 2022.		
EPIDOP15 / 396	Prevalence of Albuminuria in Malaysia: Early Signs of Kidney Damage in Diabetic and Non-Diabetic Populations		
EPIDOP16 / 403	Delay in Diagnosis among Dengue Cases in Perak: A Seven Year Retrospective Analysis	Main Ballroom	
EPIDOP17 / 408	Prevalence of Chronic Kidney Disease in Malaysia: Findings from the MyCKD 2024 Study	(Level 1)	
EPIDOP18 / 411	Invisible Exposure: Epidemiologic Clues from a Mucormycosis Outbreak in a Maternal and Child Centre in East Coast of Peninsular Malaysia		
EPIDOP19 / 439	Advancing Community-Based Diabetes Self-Screening: A Hypothetical Al-Driven Risk Prediction Model Using National Health Surveillance Data		
	FAMILY HEALTH / HEALTH SERVICE MANAGEMENT		
FHHMOP14 / 329	Use of Generative Artificial Intelligence among Medical Doctors in Sarawak: An Application of the Theory of Planned Behaviour		
FHHMOP15 / 362	From Buku Rekod to Mobile: Hajj Health Reimagined		
FHHMOP16 / 354	The Historical Launch of Virtual Clinic Services at Health Clinics in Ministry of Health Malaysia		
FHHMOP17 / 412	Unpacking EMR Experiences in Primary Care: A Qualitative Study	Mesmera 1 (Level 1)	
FHHMOP18 / 326	An Integrated Internal Audit on the Key Benefits of Digital X-Ray Services in Primary Healthcare Clinics in Penang		
FHHMOP19 / 425	Advancing Public Health Disaster Management through Al and Digitalisation: Lessons from the Putra Heights Disaster		

FREE PAPER - SESSION 3 (9 JULY - 2.30 PM)



Code	Title	Venue
OCCUPAT	IONAL HEALTH / ENVIRONMENTAL HEALTH / SOCIAL & BE	HAVIOURAL HEALTH
OESHOP14 / 322	Modifying Effects of Temperature on PM2.5 - Related Hospital Admissions in Klang Valley, Malaysia	
OESHOP15 / 330	Translation and Validation of the Motivation Thought Frequency Scales for Alcohol (MTF-A) into an Indigenous Language (Jakun Version)	
OESHOP16 / 338	Exploring Barriers in Anticipatory Guidance Practices on Oral Health for Toddlers Among Dental Therapists	Irama 5,6,7
OESHOP17 / 359	Understanding Service Uptake and Eye Health Inequities in Machang's B40 Community	(Level M)
OESHOP18 / 419	Vision Impairment among Urban School Children: Socioeconomic Barriers to Eye Health in Kuala Lumpur	
OESHOP19 / 429	Awareness and Knowledge of Childhood Eye Problems among Special School Teachers in Selangor	



EPIDEMIOLOGY (COMMUNICABLE / NON-COMMUNICABLE DISEASE)

Record Review 2021-2023

· · · · · · · · · · · · · · · · · · ·	
EPIDPP01 / 179 EPIDPP02 / 197	Insights for COVID-19 Booster Dose Acceptance in Kolkata, India: A Regional Cross-Sectional Study Unmasking Susceptibility: HBV in Malaysia's Vaccinated Population, A Cross-Sectional Study from National
EPIDPP02/19/	Health & Morbidity Survey 2020
EPIDPP03 / 205	Association Between cardiovascular disease and Cataract: A Meta-Analysis
EPIDPP04 / 209	Multimorbidity among Reproductive-Aged Women: A Nationwide Cross-Sectional Study in Malaysia
EPIDPP05 / 218	Effectiveness of WhatsApp Messaging Health Education on Uncontrolled Type 2 Diabetes Mellitus Patients
EPIDPP03 / 216	A Cluster Randomized Controlled Trial
EPIDPP06 / 219	Depression Among Malaysian Adults: A Sociodemographic Comparison Between NHMS 2019 and NHMS 2023
EPIDPP07 / 220	Prevalence and Determinants of Anxiety in Individuals with Type 2 Diabetes Mellitus: Evidence from a Cross-Sectional Study in Southern Malaysia
EPIDPP08 / 223	Prevalence and Associated Factors of Metabolic Syndrome Among Teachers in Peninsular Malaysia: The CLUSTer Cohort Study
EDIDDD00 / 224	
EPIDPP09 / 224	Epidemiology and Predicting Mortality in Melioidosis Patients in Sandakan, Malaysia
EPIDPP10 / 232	A Case Study of the Implication of World Health Organization (WHO) Position on TAK-003 Dengue Vaccine to Malaysia
EPIDPP11 / 235	Prevalence and Associated Factors among Overweight and Obese Adults with Hypertension in Malaysia
EPIDPP12 / 237	Assessing Cardiovascular Diseases Mortality in Malaysia, 2023
EPIDPP13 / 240	Prevalence and Determinants of Obesity Among Individuals with Diabetes in Malaysia: Findings from the
LI IDI 1 13 / 240	National Health and Morbidity Survey 2023
EPIDPP14 / 242	Prevalence of Abdominal Obesity and Its Associated Factors Among Malaysian Adults: Insight from the
	National Health and Morbidity Survey (NHMS) 2023
EPIDPP15 / 243	Ethnic Disparities and Intervention Gaps in Glycemic Control: A Cross-Sectional Study of Known Diabetes
EDIDDD44 / 0.44	Cases
EPIDPP16 / 244	Delayed Dengue Diagnosis in Batang Padang District, Perak: A 2024 Study
EPIDPP17 / 250	Depression and Its Links to Physical Activity, Sedentary Behaviour, and Weight Status in Malaysian Adoles cents: A Cross-Sectional Study
EPIDPP18 / 258	How Age and Employment Status Influence on E-Cigarette Use in Malaysia?
EPIDPP19 / 261	User Acceptance of the DMOSS Dengue Forecast Model in Malaysia
	The Prevalence of Hypertension and Its Associated Risk Factors among Indigenous Adults in Malaysia:
EPIDPP20 / 264	Findings from the National Health Survey 2022
EDIDDD01 / 066	Implementation of Community - Base Rheumatic Heart Disease at Primary Care Facilities in Penampang
EPIDPP21 / 266	
EDID DD00 / 070	District : Pilot Project From Sabah, Malaysia
EPIDPP22 / 278	Predicting Multimorbidity Using Machine Learning: Insights from NHMS 2019
EPIDPP23 / 280	Mental Health Predictors Among Public Sector Workers at the National Institutes of Health, Selangor
EPIDPP24 / 304	Multiagency Responses in Managing Leptospirosis Outbreak at A Recreational Site in Perak
EPIDPP25 / 308	Prevalence and Factors Associated with Pre-Hypertension among Adults in Malaysia
EPIDPP26 / 311	A Wake-Up Call on Adolescent E-Cigarette Use in Malaysia
EPIDPP27 / 320	Sex Differences in Years of Life Lost in Malaysia, 2023: A Burden of Premature Mortality
EPIDPP28 / 323	Epidemiological Characteristics of Hepatitis B Notifications in Kinta District, Perak, Malaysia, 2024
EPIDPP29 / 331	Influenza B Outbreak Report At The Hostel Of Sekolah Menengah Kebangsaan Tinggi Setapak, Kuala Lumpur
EPIDPP30 / 333	Urban-Rural Disparities in Overall Disability among Malaysian Adults: Findings from the National Health and
EDIDDD21 / 220	Morbidity Survey 2023 The Impact of TR Angelogy on the Duration of Treatment: An ANCOVA Approach Controlling for Age
EPIDPP31 / 339	The Impact of TB Anatomy on the Duration of Treatment: An ANCOVA Approach Controlling for Age
EPIDPP32 / 340	Impact of Diagnostic Delay on Melioidosis Mortality in Sandakan: A Call for Early Detection Strategies
EPIDPP33 / 341	Prevalence of Dual Tobacco User and Sources of Access among Adolescents in Malaysia: Findings from the
EDIDDD25 / 244	National Health and Morbidity Survey 2022
EPIDPP35 / 344	Thalassaemia in Sabah: Insights from the Malaysian Thalassaemia Registry
EPIDPP36 / 346	A Systematic Review on Predictors of Smoking Cessation Success Among Adults in Malaysia
EPIDPP37 / 352	Urban-Rural Variation in Predicting Depression among Elderly Using Naïve Bayes Classifier
EPIDPP38 / 353	The Proportion and Determinants of Incomplete Treatment Among Latent Tuberculosis Infection in Tumpat
	District, Kelantan, Malaysia
EPIDPP39 / 356	Exploration of PKD Klang Dengue Case Investigations in Relation to HTAR Serological Results
EPIDPP40 / 358	Tuberculosis Among Orang Asli in Perak: A Cross Sectional Study from 2019-2023
EPIDPP41 / 364	Hypertensive Drug Utilisation and Polypharmacy Among Older Adults in Malaysian Public Primary Care
EPIDPP42 / 368	Overweight and Obesity among Orang Asli Proto Malay Adults in Malaysia
EPIDPP43 / 370	Determinants of Known Asthma among Adults in Malaysia: Findings from the National Health and Morbidity
	Survey (NHMS) 2023
EPIDPP44 / 375	An Appraisal of Urban Malaria in Johor Bahru: Gametocyte Cases in 2024
EPIDPP45 / 379	Factors Associated with Tuberculosis (TB) Treatment Success among TB Patients in Kelantan; 3 Years

FHHMPP14 / 226



EPIDPP46 / 381	Population-Based Thalassaemia Carrier Mapping in Malaysia: Insights from a Half a Decade of School- Based Screening
EPIDPP47 / 383	The Forgotten Pill? Lipid-Lowering Therapy Adherence at One Year After Acute Myocardial Infarction
EPIDPP48 / 384	Concomitant Lymphatic Filariasis in Humans and Animals in Sabah: Findings from the SABAH-VI Baseline Study
EPIDPP49 / 385	Persistence of Symptoms at 6 Months Post COVID-19: A Cohort Study
EPIDPP50 / 388	Five-Year Comparative Analysis of Immunochemical Faecal Occult Blood Test Uptake and Its Predictors
21 101 1 00 7 000	among Malaysian Average-Risk Population (2019-2023)
EDIDDDE1 / 202	From Therapy to Threat: Legionellosis Outbreak at a Recreational Hot Spring in Melaka
EPIDPP51 / 392	
EPIDPP52 / 405	Sociodemographic Factors Associated with Multiple Cardiovascular Risk Factors among Adults in Malaysia: A Gender-Stratified Analysis of the National Health and Morbidity Survey (NHMS) 2023
EPIDPP53 / 406	Pinpointing Locations and Time for Dengue Preventive Activities in Perak by Exploring Connections Between Populations Movements and Previous Dengue Trend Data
EPIDPP54 / 421	Incidence and Factors Associated with Hospital Admission for Hand, Foot, and Mouth Disease (HFMD) in
	Segamat, Johor
EPIDPP55 / 427	Tuberculosis Outbreak Investigation at a Workplace in Cheras, Kuala Lumpur, 2024
EPIDPP56 / 428	Smokers' Knowledge and Perception of Smoking
EPIDPP57 / 430	The Hidden Epidemic: Leptospirosis Risk and Spread in Kinta District (2022–2024)
EPIDPP58 / 435	Are Men Who Have Sex with Men (MSM) Driving the Shift in HIV Transmission Patterns in Larut, Matang and
	Selama District? - A Decade of Insights (2015-2024)
EPIDPP59 / 436	Young, Bold and at Risk: A 10-Year Trend Analysis of Gonorrhoea and Acquired Syphilis in Larut, Matang and Selama District
EPIDPP60 / 437	Unseen Chains of Transmission: A Pertussis Outbreak Among Schoolchildren Affecting a High-Risk Infant in
	Melaka
EPIDPP61 / 446	Suppressing Dengue Through Wolbachia-Infected Aedes aegypti: Progress and Impact from a Communi ty-Based Intervention in Melaka Tengah
EPIDPP62 / 365	Beyond the Virus: Did COVID-19 Spark a Rise in Autoimmune and Inflammatory Conditions?
EPIDPP63 / 301	Incidence of Leptospirosis in Segamat District, Johor 2024 and Its Associated Risk Factors
EPIDPP64 / 395	Overweight, Obesity, and Hypercholesterolemia among Adults in Malaysia: Findings from the National Health
	and Morbidity Survey (NHMS) 2023 (Non-Communicable Disease)
EPIDPP65 / 401	Improving Diabetes Mellitus Care in Primary Health Clinics in Kuala Lumpur Through Clinical Audit Diabetes Mellitus
EPIDPP67 / 424	Dengue Trends in Petaling District, Malaysia: A 2023-2024 Analysis
EPIDPP68 / 433	Dysentery Under the Microscope: A Study from Kuala Krai
EPIDPP69 / 434	An Episode of Food Poisoning Outbreak: Salmonella, Are You the Culprit?
EPIDPP70 / 442	Harnessing Artificial Intelligence for Improved Diagnosis and Surveillance of Leptospirosis
EPIDPP71 / 443	Community-Based Weight Management Among KOSPEN community in Malaysia: A Public Health Approach
FAMILY HEALTH / HEALT	TH SERVICE MANAGEMENT
FHHMPP01 / 175	Digitalisation in Action: Solutions for Limited-Resource Settings
FHHMPP02 / 177	From Concept to Reality: Expert Insights in Content Validation of The Malaysian Diabetic Foot Self-Care
PHHIMPPUZ/177	Instrument
FHHMPP03 / 188	Chronic Ambulatory Care-Sensitive Conditions: A Snapshot of Potentially Preventable Hospitalisations in Ministry of Health Facilities
FHHMPP04 / 190	Developing Malaysia's Men's Health Report Card: A Tool for Assessing Health Trends
FHHMPP05 / 192	Do Mental Health Issues Relate to Risky Sexual Behaviour in Adolescents? Findings from the Adolescent
FULL ADDOC / 105	Health Survey 2022, Malaysia
FHHMPP06 / 195	Maternal Morbidities (Obesity,Hypertension and Diabetes Mellitus) Influencing Caesarean Delivery Decision in Malaysia
FHHMPP07 / 198	Anxiety Symptoms Among Family Caregivers of Persons with Dementia in Malaysia: Prevalence, Associated
	Factors and its Effect on Quality of Life
FHHMPP08 / 203	Urban-Rural Disparities in Contraceptive Use Among Women of Reproductive Age in Malaysia: A Cross-Sectional Analysis
FHHMPP09 / 207	Protecting the Future: Vaccine Hesitancy among Malaysian Mothers of Children Under Two Years Old
FHHMPP10 / 210	Streamlining Excellence: A Protocol for Standardising Healthcare Quality Professionals' Roles and Functions
ELUMPDAA 1010	in the Ministry of Health Malaysia
FHHMPP11 / 212	The Risk of Health Status of 2024 Pre-Hajj Medical Examination in Malaysia Hajj Pilgrim (MyVAS Outcomes)
FHHMPP12 / 217	Prevalence and Determinants of Parental Monitoring Among Malaysian Adolescents
FHHMPP13 / 225	Prevalence of Pre-Pregnancy Comorbidities among Mothers in Malaysia and the Association with Hyperten sive Disorder in Pregnancy
FUUMDD14 / 226	Cross Mater Developmental Delay among Children Aged 6 to E0 Months in Malaysia 2022

Gross Motor Developmental Delay among Children Aged 6 to 59 Months in Malaysia, 2022



FHHMPP15 / 228	Potentially Preventable Hospitalisations among Older Adults: Analysis of Hospitalisations in the Ministry of Health Facilities between 2015 and 2020
FHHMPP16 / 230	Reasons and Factors Associated with Contraceptive Non-Use among Married Orang Asli Women: Findings from the Orang Asli Health Survey 2022
FHHMPP17 / 234	Prevalence and Factors Associated with Anaemia among Women of Reproductive Age among Orang Asli in Malaysia
FHHMPP18 / 236	Outpatient Healthcare Utilisation Inequalities among Older Adults in Malaysia - A Multi-Dimensional Analysis
FHHMPP19 / 239	Trends in Glycaemic Control: Evaluating Medical Nutrition Therapy Outcomes Over Time in Public Healthcare Clinics
FHHMPP20 / 253	Uncovering Gaps in Colorectal Cancer Screening Uptake among Urban Community-Dwelling Elderly
FHHMPP21 / 257	Incidence and Types of Medication Transcription Errors in Healthcare Facilities in Malaysia
FHHMPP22 / 259	Global Research Trends on Paediatric Obesity: A Bibliometric Analysis from 1994 to 2023
FHHMPP23 / 260	Three Decades of Malnutrition Research Among Older Persons: A Bibliometric Analysis of Contributors and Concepts
FHHMPP24 / 265	Top-Down Costing of Primary Healthcare Services in Malaysian Public Health Clinics
FHHMPP25 / 272	Trends in Equality of Inpatient Care Utilisation for Middle-aged and Older Adults in Malaysia: Findings from the 2011, 2015, and 2019 National Health and Morbidity Surveys
FHHMPP26 / 282	Utilisation of Medical Check-Ups among Older Adults in Malaysia: Findings from the National Health and Morbidity Survey (NHMS) 2023
FHHMPP27 / 284	Maternal Mortality in Perak: A Decadal Epidemiological Review (2015-2024)
FHHMPP28 / 285	Productivity Impact of Premature Death from Cardiac Arrest Outside Hospitals in Penang
FHHMPP29 / 287	A Review of Antimicrobial Stewardship Program in Primary Healthcare clinics in Perak, Malaysia
FHHMPP30 / 288	Association between Depression and Health Seeking Behaviour among Women in Malaysia
FHHMPP31 / 293	Cost-Minimization Analysis of Kramer's Rule Combined with Transcutaneous Bilirubin Screening versus
FHHIVIPP31 / 293	Kramer's Rule Alone for Neonatal Jaundice in Primary Healthcare Clinics
FHHMPP32 / 294	Evaluating the Effect of Equipment Age on Radiographic Service Downtime in Government Primary Health care Clinics, Malaysia
FHHMPP33 / 298	Strategies Addressing Early Unscheduled Return Visits to Emergency Departments Among Adults in Asia: A Scoping Review
FHHMPP34 / 307	Cost-Effectiveness Analysis of Nirmatrelvir/Ritonavir Versus Usual Care to Prevent COVID-19 Hospitalization Among Elderly Patients in Malaysia
FHHMPP35 / 312	Trends in Inequality of Out-of-Pocket Healthcare Expenditure among the Elderly between 2019 and 2023: A Decomposition Analysis
FHHMPP36 / 315	Mapping the Research Landscape on Malnutrition in Older Adults: A Bibliometric Analysis of Trends and Thematic Networks
FHHMPP37 / 316	Analysis of Malaysia's Traditional and Complementary Medicine (T&CM) Policy and Strategies from a Practice Perspective: A Study Protocol
FHHMPP38 / 327	Improving Maternal Outcomes through Annual Clinical Audit of Pre-pregnancy Care (PPC) in Malaysian Health Clinics
FHHMPP39 / 328	Mapping Patient and Provider Perspectives on Diabetes Control to the Chronic Care Model: Insights from a Review of Qualitative Studies in Malaysia
FHHMPP40 / 345	Patient Safety and Medication Errors in Telemedicine: Protocol for a Scoping Review
FHHMPP41 / 348	Designing a Sustainable Premium Economy Health Service Model in Malaysian Public Hospitals: Insights from Healthcare User
FHHMPP42 / 357	Determinants of Period Poverty Among Women in a Malaysian Low-Income Housing Community
FHHMPP43 / 360	Primary Healthcare Utilization and Cost Among Older Adults with Diabetes Mellitus: Insights from TPC- OHCIS 2022
FHHMPP44 / 374	Determining the Contraception Level of Knowledge, Attitudes and Its Association among Urban Poor Communities in Sungai Besi
FHHMPP45 / 382	Evolution of HPV Vaccination Strategies Over 15 Years in Malaysia
FHHMPP46 / 393	Client Dissatisfaction at Public Health Facilities in Perak: A Cross Sectional Descriptive Study From Sistem Pengurusan Aduan Awam, Ministry of Health Malaysia, 2019-2024
FHHMPP47 / 394	From Paper Trails to Digital Tales: A Mixed-Methods Implementation Study of CCMS Rollout in Rural Primary Care
FHHMPP48 / 399	Silent Burden: Insights into α-Thalassaemia Carrier Status from a Nationwide Adolescent Screening in Malaysia
FHHMPP49 / 416	Expanding the Role of Community Nurses in Rural Clinics for Elderly Care: Malaysia's Community-Based Ageing Initiative
FHHMPP50 / 441	Psychological Distress among Malaysian Infertile Individuals: A Comparison Between First Visit and Recurrent Fertility Clinic Visits
FHHMPP51 / 444	Maternal Mortality: A Situational Analysis from 2020 to 2024 in East Coast State of Peninsular Malaysia
FHHMPP52 / 350	Evaluating Effectiveness of Antimicrobial Stewardship Program in Primary Health Care
FHHMPP53 / 407	Integrating Primary Care and Public Health in Malaysia: A Path Forward for Primary Healthcare Reform
FHHMPP54 / 420	Seamless Healthcare, Digitally Delivered: Malaysia's Patient Summary Initiative



FHHMPP55 / 426 Reaching the Unreachable: Strengthening Primary Health Care through Mobile Clinic Services in Malaysia FHHMPP56 / 432 Alcohol Consumption Patterns among Urban Residents in Malaysia

FHHMPP57 / 445 A Simulation-Based Cost-Effectiveness Analysis of Reflex DNA Versus Multi-Step Adolescent Screening for

Thalassaemia in East Malaysian Schools

OCCUPATIONAL HEALTH / ENVIRONMENTAL HEALTH / SOCIAL & HEALTH BEHAVIOUR / OTHERS

OCCUPATIONAL HEALTH /	ENVIRONMENTAL HEALTH / SOCIAL & HEALTH BEHAVIOUR / OTHERS
OESHPP01 / 183	Effect of Employer-Sponsored Health Coverage on Oral Healthcare Utilisation: Findings from National Health and Morbidity Survey (NHMS) 2019
OESHPP02 / 184	The Efficacy of Anthelmintics Against STH Infection in Population-Based Studies in Malaysia – Results of A Scoping Review Analysis
OESHPP03 / 186	Developing and Validating Instruments to Identify Preferred Features of Systematic Grey Literature Review Automation Tools
OESHPP04 / 193	Effectiveness of KOSPEN Plus Mental Health Promotion Activity at Workplace: Findings from the KOSPEN- Plus Program in Malaysia
OESHPP05 / 194	The Role of Strained Family Relationships and Economic Hardship During COVID-19 Pandemic in Determin ing Adolescent Depression Based on Patient Health Questionnaire (PHQ-9) scores
OESHPP06 / 196	Healthcare Without Hardship: Are We Financially Protected?
OESHPP07 / 200	Do Our Adolescents Eat an Adequate Healthier Diet During The COVID-19 Pandemic?
OESHPP08 / 201	Tracking Lymphatic Filariasis Transmission Through Molecular Surveillance of Brugia Species in Sabah's Mosquito Vectors
OESHPP09 / 202	Targeting Dengue at Its Source: Spatial and Principal Component Analyses on Aedes Breeding Sites.
OESHPP10 / 206	Primary Water Sources in Remote Communities: A Descriptive Study
OESHPP11 / 211	The Influence of Temperature on Dengue Transmission Dynamics in Kuantan, Pahang
OESHPP12 / 213	Determinants for Injury among Healthcare Workers Involved in Occupational Accidents and Dangerous Occurrence in Terengganu
OESHPP13 / 214	Predictors of Delayed Healthcare Seeking Among Dengue Patients in Klang District: A Logistic Regression Approach
OESHPP14 / 222	Insufficient Water Intake and its Association with Nutritional Status: Findings from The Adult Population Survey
OESHPP15 / 227	Breaking the Barrier: What's Keeping Malaysians from Eating Fruits and Veggies?
OESHPP16 / 233	Bridging Spatial and Temporal Gaps in Dengue Prediction: A Deep Learning Approach
OESHPP17 / 238	Knowledge of Antibiotic Resistance among the General Population in Malaysia
OESHPP18 / 241	Comparing Urban-Rural Disparities in Travel-Related Physical Inactivity: A Nationwide Study of the Malaysian Population
OESHPP19 / 245 OESHPP20 / 246	It Takes Two to Tango - Understanding Perspectives on Indicators in Ministry of Health Malaysia Breaking the Burnout Cycle: A Modified Delphi Protocol on the Development of a Psychoeducation Interven tion Package for Nurses
OESHPP21 / 248	Factors Influencing Cigarette Smoking Initiation among Children: A Systematic Review and Meta-Analysis
OESHPP22 / 249	Antibiotic Use Among Children Under Five Years with Cough or Fever in Malaysia: A National Representative Study
OESHPP23 / 254	Pufferfish Pandemonium: Public Perception and Awareness of Pufferfish in Kota Marudu, Sabah
OESHPP24 / 262	Emergency Department (ED) Overcrowding in MOH Hospitals: Workload Disparities and Contributing Factors
OESHPP25 / 267	Prevalence and Predictors of Depression Among Healthcare Workers in a Rural District Health Office in Terengganu
OESHPP26 / 269	Mental Health Challenges of Healthcare Workers in Selangor Amid a National Health Crisis
OESHPP27 / 273	Urban-Rural Perspectives on Socioeconomic Inequalities in Oral Healthcare Utilisation in Malaysia: Insights from a National Survey
OESHPP28 / 279	From Policy to Practice: Uncovering Gaps in Virtual Consultation Implementation in Malaysian Public Health Clinics

OESHPP30 / 283 Low Birth Weight among Children Below 5 Years and Its Associated Factors: Findings from A Nationwide

OESHPP31 / 297 Predicting Adolescent Obesity from Meal Patterns using Machine Learning
OESHPP32 / 300 Comparative Performance of Machine Learning Algorithms for Possible Sarcopenia Screening in Older

Malaysian Adults

OESHPP33 / 302 Urine Iodine Status in Malaysia: A National Study in Adults

OESHPP34 / 305 Lost in Translation: How Coding Errors in Ophthalmology Undermine MyDRG-Based Hospital Reimbursement

OESHPP35 / 309 Leveraging Al in Evaluation of Community Outreach Program for Detection of Prevalence and Causes of Abnormal Chest Radiography in Rural of Sarawak

OESHPP36 / 314 Potential and Feasibility of Red Blood Cells Spectra for the Detection of Blood Disorders: A proof-of-Concept

Study (MOSTHA@POC)

OESHPP37 / 332 Designing and Developing a Game-based Learning Intervention Program (VAPGAMO) to Prevent Vaping

Intention among Adolescent

12th National Public Health Conference & 26th NIH Scientific Conference

e-POSTER



OESHPP37 / 332	Designing and Developing a Game-based Learning Intervention Program (VAPGAMO) to Prevent Vaping Intention among Adolescent
OESHPP38 / 335	Digital Lifelines: A Public Health Lens on Tech-Driven Disaster Response - A Narrative Review
OESHPP39 / 336	Prevalence and Factors Associated with Children Who Have Never Attended a Dental Clinic Findings from a National Survey
OESHPP40 / 351	What Drives the Public to Seek Care at the Emergency Department's Green Zone? A Cross-Sectional Study at Hospital Tengku Ampuan Rahimah Klang
OESHPP41 / 361	Bridging the Gaps: Factors of Eye Care Utilisation Among Malaysia's Low-Income Groups Using Andersen Behavioural's Model
OESHPP42 / 367	Knowledge of Rational Use of Medicines Among Know Your Medicine (KYM) Ambassadors in Malaysia: A National Cross-Sectional Study
OESHPP43 / 369	Prevalence of Caregivers' Disciplinary Practices Among Malaysian Children Aged 12 to 59 Months: Findings from the National Health and Morbidity Survey 2022
OESHPP44 / 372	Harnessing Al and Ultraportable X-ray for Chest Screening in Rural Bintulu: Detection Rates and Locality Variation
OESHPP45 / 376 OESHPP46 / 378	Urban-Rural Disparities in Inpatient Healthcare Utilisation in Malaysia: Insights from a National Survey Prevalence and Predictors of Self-Harm among Adolescents in Malaysia
OESHPP47 / 380	Factors Associated with Beliefs in Physical Punishment Towards Children Aged 12–59 Months Among Malaysian Caregivers: Findings from the National Health and Morbidity Survey 2022
OESHPP48 / 387	Too Tight to Work Right: Back Pain in Data Entry Among Laboratory Workers
OESHPP49 / 402	How Far Is Too Far? Comparing Straight-Line and Road-Network Travel Burdens for Low-Income Cancer Patients in Malaysia
OESHPP50 / 409	Association between HbA1c and Optical Coherence Tomography Angiography (OCTA) Parameters in Type 2 Diabetes Mellitus without Retinopathy
OESHPP51 / 414	Prevalence of Refractive Error among Malay Primary Schoolchildren in Denai Alam, Selangor
OESHPP52 / 415	Digital Transformation of COMBI in Dengue Prevention: Development and Evaluation of the eCOMBI-Denggi Mobile Application
OESHPP53 / 417	Correlation between HBA1c and Intra-Retinal Layers in Type 2 Diabetes Mellitus Without Retinopathy
OESHPP54 / 422	Vitamin D Levels among Female Adults and Factors Associated: Findings from National Health & Morbidity Survey (NHMS) 2024
OESHPP55 / 431	Development of a School-based Aedes Breeding Search and Destroy Online Checklist and Collaborative Dengue Transmission Risk Stratification of School Compounds in Wilayah Persekutuan Putrajaya, Malaysia
OESHPP56 / 438	Expanding MyVAS for HIV Screening: A Case Report on Integrating Public Health Services into Malaysia's National Provider Platform
OESHPP57 / 440	Evaluation of the Chance2Act Behavioural Intervention (Chance2act) for Weight Loss Readiness among Adults with Type 2 Diabetes and Obesity
OESHPP58 / 274	Tobacco Advertising Exposure among Malaysian Adults: Key Findings from GATS 2023
OESHPP59 / 349	The Impact of Air Pollution-Related Mortality in Malaysia: Assessing the Burden of Disease and Economic Consequences
OESHPP60 / 355	Men and Reproductive Health: Gaps, Attitudes, and Opportunities
OESHPP61 / 366	Healthy Malaysia in Progress: Evaluating ANMS for a Sustainable Future
OESHPP62 / 377	Parental Knowledge and Gaps: A Cross-Sectional Study on Benzene Exposure Awareness in Johor
OESHPP63 / 398	Prevalence of Food Insecurity among Adult in Malaysia: Findings from the National Health and Morbidity Surveys 2024
OESHDD64 / 412	Emerganov or Net2 Public Knowledge and Misuse of the Emerganov Department Cross Zone in Malaysia

Emergency or Not? Public Knowledge and Misuse of the Emergency Department Green Zone in Malaysia

OESHPP64 / 413

NOTES





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